

Ezra N. S. Lockhart,
Ph.D., MHlthSc(DD), LMFT-S, LAC, MAC, ACS, CDCS

Position(s):**Private Sector**

Clinical Supervisor (US: AK, CO, HI, LA)
Expert Witness, Expert Institute

Academia**Board/Committee**

Associate Professor, [National University](#), US
Ethics Chair, [Louisiana Association of Marriage & Family Therapy](#)
Directing Board Member, Social Media, Studio CE (formerly
 Massachusetts Mental Health Counselors Continuing Education
 Institute LLC)
 Editorial Review Board Member, [International Journal of Qualitative
 Methods](#)
Minority Fellowship Program Mentor, National Board of Certified
 Counselors (NBCC) Foundation, NAADAC, & Foundation for the
 Advancement of Human Systems (FAHS)
Mentor, Native Forward Scholars Fund (formerly Rising Native
 Graduates and the American Indian Graduate Center)

Contact Information**Mailing Address:**

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<https://orcid.org/0000-0002-4435-9053>

Web of Science:

<https://tinyurl.com/ABP-7337-2022>

LinkedIn:

<https://www.linkedin.com/in/ezralockhart>

Executive Summary

Ezra N. S. Lockhart is a licensed Marriage and Family Therapist, clinical supervisor, and transdisciplinary scholar with expertise spanning psychotherapy, AI/ML, and cybernetics. His scholarship focuses on the impact of technology-mediated experiences on human life and structural inequalities. With an academic career that defies convention, Dr. Lockhart has achieved over 140 publications since 2016 with contributions extending to numerous leadership and governance roles in international academic forums and ethics committees.

Key Metrics & Expertise

Metric	Details
Total Publications	143 total (59 refereed periodicals, 21 books/chapters, and 9 government reports)
Grants Awarded	8 awards totaling over \$800,000, primarily in health and technology infrastructure
License/Certification	20+ credentials including LMFT, LAC, MAC, and ACS; licensed in multiple states
Reviewer Activity	A fecund peer reviewer for <i>Digital Health</i> , <i>Journal of Autism and Developmental Disorders</i> , and <i>The Journal of Behavioral Health Services & Research</i>
Technical Expertise	Certified in Microsoft (MCSE) and Cisco (CCNA) systems, with proficiency in multiple programming languages (HTML, CSS, Java, C++, etc.)

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Education

2021	PhD	<p>Doctor of Philosophy, Psychology Specialization: Addictions Northcentral University, School of Social and Behavioral Sciences, Department of Psychology San Diego, CA, US Dissertation: <i>The lived experiences of adult massive multi-user online role-playing game (MMORPG) players: A descriptive, pre-transcendental, psychological phenomenological investigation of problematic online gaming behaviors</i> Committee: Prof. Daimon Veráce, PhD (chair); Prof. Joel B. Goodin (subject matter expert); Assoc. Prof. Maria A. Rodriguez, PhD (academic reader) <i>*Dissertation of the Year Finalist</i> <i>*Poster Presentation of the Year Finalist</i></p>
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- 2020 post-master's **post-master's degree, Marriage and Family Therapy**
Colorado School for Family Therapy
Aurora, CO, US
- 2019 **graduate coursework (15 credits), Statistics**
Statistics I; Statistics II; Quantitative Research Design; Tests & Measurements; Statistics for Clinical Research (University of Sydney)
- 2017 MA **Master of Arts, Psychology**
Specialization: General Psychology
Northcentral University, School of Social and Behavioral Sciences,
Department of Psychology
San Diego, CA, US
Thesis: *Computer-based social-emotional skills interventions for school-aged children with autism spectrum disorder: An evaluation of affordability*
- 2015 MHIthSc(DD) **Master of Health Science, Developmental Disability**
University of Sydney, Faculty of Health Sciences
Darlington, NSW, AU
Honors: *1st US citizen admitted & awarded degree*
Dissertation: *Computer-based social and emotional skills interventions for individuals with autism spectrum disorders: A systematic review and recommendations for future research*
Committee: Prof. Roger Stancliffe, PhD, FAAIDD, FIASSID (chair);
Prof. Stewart Einfeld, MD, PhD, FRANZCP, MRACMA (assessor);
Emeritus Prof. Patricia Howlin, PhD, King's College London (advisor)
- 2015 **Regional Alcohol & Drug Abuse Counselor Training (RADACT)**
Behavioral Health Training Institute
Anchorage, AK, US
**Chemical Dependency Clinical Supervisor (CDCS), 2020-2027*
**National Certified Addiction Counselor, Level 1 (NCAC I), 2016 - 2018;*
**Chemical Dependency Counselor, Level 1 (CDC I), 2016 - 2020;*
**Chemical Dependency Counselor Technician (CT), 2015 - 2017*
- 2013 **undergraduate coursework (34 credits), Psychology**
University of Alaska-Anchorage, College of Arts & Sciences
Anchorage, AK, US
- 2013 AAS **Associates of Applied Science, Human Services**

Emphasis: General Human Services
University of Alaska-Anchorage, College of Health
Anchorage, AK, US
Honors: *cum laude*

Licenses & Certifications

Health and Human Services

International

2014 - 2025 International Board of Credentialing and Continuing Education Standards (IBCCES),
Advanced Certified Autism Specialist (CAS), ID# ACAS2149828, 2021 - 2025
Certified Autism Specialist (CAS), ID# CAS147065, 2016 - 2021
**May 2016 Featured Certified Autism Specialist*
**1st Alaska resident awarded*
Autism Certificate (AC), ID# AC147065, 2014 - 2016
**1st Alaska resident awarded*

National

2022 - 2027 American Association of Marriage and Family Therapy (AAMFT),
Approved Supervisor, 2022 - 2027;
Clinical Fellow, 2022 - 2027

2022 - 2027 National Board of Certified Counselors (NBCC),
Approved Clinical Supervisor (ACS)

2016 - 2027 National Association for Alcoholism and Drug Abuse Counselors (NAADAC),
Master Addiction Counselor (MAC), 2021 - 2025;
National Certified Addiction Counselor, Level 1 (NCAC I), 2016 - 2021

2014 - 2016 Therapeutic Options, Inc.,
Therapeutic Options Instructor, 2015 - 2016;
Therapeutic Options Certificate, 2014 - 2016

2013 - 2017 The Mandt System, **Mandt System Certificate**

2012 - 2013 CPI, **Nonviolent Crisis Intervention: Blue Card**

Recurrent American Red Cross, **Adult and Pediatric First Aid/CPR/AED**

State

2024 - 2028 State of Alaska, Department of Commerce, Community, and

- Economic Development, Division of Corporations, Business and Professional Licensing, Board of Marital and Family Therapy; **Licensed Marriage and Family Therapist (LMFT)**
- 2023 - 2028 State of Hawaii, Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division, Marriage and Family Therapist Program; **Licensed Marriage and Family Therapist (LMFT)**
- 2023 - 2028 Louisiana State, Department of Health and Bureau of Health Services Financing, Licensed Professional Counselors Board of Examiners; **Licensed Marriage and Family Therapist (LMFT)**
- 2021 Colorado School for Family Therapy, **Certified Clinical Supervisor (CCS)**
- 2020 - 2022 Commonwealth of Massachusetts, Executive Office of Health and Human Services, Department of Public Health Bureau of Health Professions Licensure, Board of Registration of Allied Mental Health and Human Services; **Temp Licensed Mental Health Counselor (LMHC)**
- 2018 - 2027 Colorado State, Department of Regulatory Agencies, Division of Professions and Occupations; **Licensed Marriage and Family Therapist (LMFT)**, 2022 - 2027; **Marriage and Family Therapist Candidate (MFTC)**, 2021 - 2022; **Licensed Addiction Counselor (LAC)**, 2021 - 2027; **Certified Addiction Counselor, Level 2 (CAC II)**, 2020 - 2021; **Registered Psychotherapist**, 2018 - 2020
- 2015 - 2027 State of Alaska, Alaska Commission of Behavioral Health Certification; **Chemical Dependency Clinical Supervisor (CDCS)**, 2020 - 2027; **Chemical Dependency Counselor, Level 1 (CDC I)**, 2016 - 2020; **Chemical Dependency Counselor Technician (CT)**, 2015 - 2017
- 2012 - 2024 Institutional Review Board, **Collaborative Institutional Training Initiative (CITI)**, Northcentral University University of Alaska Anchorage
- 2011 - 2019 State of Alaska, Alaska Department of Health, Senior and Disabilities Services, Personal Care Services Program, **Personal Care Assistant (PCA)**

Information Technology

National

2013

W3Schools,

Certified CSS Developer: Excellency Degree,

Certified HTML Developer: Excellency Degree

2002 - Current

Microsoft Corporation,

Microsoft Certified Systems Engineer (MCSE), MCP ID# 2712893;

*Exam 70-210: Installing, Configuring, and Administering
Microsoft Windows 2000 Professional

*Exam 70-215: Installing, Configuring, and Administering
Microsoft Windows 2000 Server

*Exam 70-216: Implementing and Administering a Microsoft
Windows 2000 Network Infrastructure

*Exam 70-217: Implementing and Administering a Microsoft
Windows 2000 Directory Services Infrastructure

*Exam 70-219: Designing a Microsoft Windows 2000 Directory
Services Infrastructure

*Exam 70-224: Installing, Configuring, and Administering
Microsoft Exchange 2000 Server

*Exam 70-227: Installing, Configuring, and Administering
Microsoft Internet Security and Acceleration (ISA) Server 2000
Enterprise Edition

Microsoft Certified Systems Administrator (MCSA),

MCP ID# 2712893;

Microsoft Certified Professional (MCP), MCP ID# 2712893

2001 - 2005

Cisco Systems,

Cisco Certified Design Associate (CCDA), Cisco ID#

CSCO10014664;

Cisco Certified Network Associate (CCNA), Cisco ID#

CSCO10014664

2001

Brainbench,

Network Technical Support,

Microsoft Windows 95 Administration,

Computer Fundamentals: Win95/98

1997 - 2002

Novell, **Certified Novell Associate (CNA)**

Positions

Academic

2024, Oct- Present	National University, JFK School of Psychology and Social Sciences, Department Social & Behavioral Sciences; San Diego, CA, US; Associate Professor, Marriage and Family Therapy
2020, Dec - 2024, Dec	Colorado School for Family Therapy; Aurora, CO, US; Adjunct Faculty
2021, Aug - 2023, Mar	Yorkville University; Fredericton, NB, CA; Adjunct Professor
2018, Jul - 2021, Dec	Iłisaġvik College, Academic Affairs; Utqiaġvik, AK, US; Adjunct Faculty
2013, Oct - 2013, May	University of Alaska-Anchorage, Center for Human Development; Anchorage, AK, US; Research Assistant , 2013 Spr
2012, Jan - 2013, May	University of Alaska-Anchorage, Department of Psychology, Clinical and Applied Biofeedback and Psychophysiology Lab; Anchorage, AK, US; Research Assistant , 2012 - 2013
2012, Oct - 2013, May	University of Alaska-Anchorage, Department of Psychology; Anchorage, AK, US; eLearning Teaching Assistant , 2012 - 2013

Professional

Health and Human Services

2018, Dec - Present	Easy Does It Counseling, Private Practice; Colorado, Louisiana, & Hawaii, US; Licensed Marriage and Family Therapist , 2022 - Present Licensed Addiction Counselor , 2020 - Present Clinical Supervisor , 2018 - Present Licensed Mental Health Counselor , 2020 - 2022 Registered Psychotherapist , 2018 - 2020
2019, Apr - 2020, Sep	Rocky Mountain Crisis Partners; Denver, CO, US; Substance Use Response Coordinator , 2020 Crisis Systems Program Manager , 2020 Crisis Line Supervisor , 2019 - 2020 Crisis Clinician , 2019
2016, Jul - 2016, Oct	North Slope Borough; Department of Health & Social Services, Behavioral Health Division, Children & Youth Services; Utqiaġvik, AK, US; Residential Manager

- 2014, Jul - 2016, Jul Southcentral Foundation, The Pathway Home; Anchorage, AK, US;
Supervisor, Clinical Associates-Residential, 2015 - 2016;
Clinical Associate II, 2014 - 2015
- 2014, Jun - 2014, Dec Charlie Elder House; Anchorage, AK, US; **Shift Monitor**
- 2012, Aug - 2014, Apr Reliance Care; Anchorage, AK, US; **Personal Care Assistant**
- 2011, Feb - 2014, Jan Providence Pediatric Neurodevelopment Clinic;
Anchorage, AK, US; **Direct Service Provider**
- 2011, Feb - 2016, Jul Catholic Social Services, Family Disability Services;
Anchorage, AK US; **Direct Service Provider**
- 2010, Jul - 2011, Jul Hearts & Hands of Care; Anchorage, AK, US;
Human Resources Manager, 2010 - 2011;
Personal Care Assistant (PCA), 2010 - 2011
- 2004, Jan - 2008, Dec ReadyCare; Anchorage, AK, US;
Respite Provider, 2004 - 2008;
Chore Provider, 2004 - 2008
- Information Technology**
- 2021, Apr - Present Studio CE; Arlington, MA, US; **Director, Social Media**
- 2017, Jun - 2018, Nov Iḷisaġvik College, Information Technology Department;
Utqiaġvik, AK, US; **Director, Information Technology**
- 2016, Dec - 2017, Jun North Slope Borough School District, Information Technology
Department; Utqiaġvik, AK, US; **Wide Area Network (WAN)
Administrator III**
- 2004, Aug - 2005, Sep Alaska Native Tribal Health Consortium (ANTHC), Alaska Federal
Health Care Access Network (AFHCAN) Telehealth; Anchorage, AK,
US; **Wide Area Network (WAN) Specialist**
- 2000, Jan - 2004, Aug North Slope Borough, Department of Administration & Finance,
Division of Information & Communication (Infocomm);
Utqiaġvik, AK, US;
PC/LAN Engineer, 2001 - 2004;
PC/LAN Technician II, 2000 - 2001
- 1997, Jan - 1999, Aug General Communications Inc. (GCI); Anchorage, AK, US;

Network Analyst I, 1998 - 1999;
SchoolAccess Technical Representative, 1998;
SchoolZone Technical Representative, 1997 - 1998;

1997, Jan - 1997, Dec Astrolabe Systems, Inc.; Anchorage, AK, US; **Intern**

Consulting Experience

2024, Aug **Case Contributor, The ASAM Criteria, 4th ed. Adolescent Volume,**
American Society of Addiction Medicine (ASAM);
Milwaukee, WI, US
*Composed published case examples for level 2.1Y, intensive home
and community based treatment plus residential recovery, and
level 2.5Y high intensity home and community based treatment
co-occurring enhanced*

2020 - Present **Expert Witness,** Expert Institute; Milwaukee, WI, US
10/2025 Case #O-308940 Resid Treat Fac Admin
07/2025 Case #O-298343 Ther Board Sch
06/2025 Case #O-293554 Alcohol Rehab Ctr Admin
06/2025 Case #O-294598 Chem Depend Couns
04/2025 Case #O-288068 Fam Mar Couns
11/2024 Case #O-272774 Fam Mar Couns
04/2024 Case #O-246881 Ther Fac Admin
03/2023 Case #O-201902 Hosp Emerg Dept
12/2022 Case #O-191892 Ther Sch Admin
11/2022 Case #O-188675 Home Comp Agcy Admin
02/2022 Case #O-148152 Addict Treat Fac Admin
02/2022 Case #O-146431 Behav Health
01/2022 Case #O-140226 Resid Treat Fac Admin
09/2021 Case #O-129744 Addict Prog Pain Treat
08/2021 Case #O-128377 Resid Treat Fac Admin
07/2021 Case #O-125301 Addict Psych
09/2020 Case #O-098155 Resid Treat Fac Admin
07/2020 Case #O-093265 Addict Treat Fac Admin

2020 - Present **Grant Reviewer,** Substance Abuse and Mental Health Services
Administration (SAMHSA); Rockville, Maryland, US
Evaluate applications for discretionary grants

2016 - 2018 **Wide Area Network Administrator,**
Information Technology Department, North Slope Borough School
District; Utqiaġvik, AK, US

Drafted for board review the first Student Security policy encompassing CCTV surveillance guidelines, procedures, technology, training, and audit; drafted for board review a technology procurement proposal (\$400k) for two (2) school and the Inupiat Learning Teacher program and libraries in seven (7) schools; first installation and deployment of SCCM 2012; Microsoft 2008 R2 and 2012 Active Directory enterprise-wide server and workstation local administrator password change, and organizational unit scheme redesign; management solution, optimization, and upgrade for enterprise deployed uninterrupted power supplies; performance monitoring and optimization of virtual server and network environment; Exchange server administration and monitoring that included the coding of a custom PowerShell script that generates a daily health check report that is routinely sent out in an HTML email; SOP user inactivity audit resulting in disabling of 645 users and removal of over 1,600 inactive users; resolution of major authentication error involving PDC GTIMESERV; p to v conversation of legacy servers; and escalated support of Microsoft Windows 7, 8, and 10 workstation operating systems and various workstation software.

- 2014 **Subject Matter Expert, Intellectual & Developmental Disabilities;**
Relias Learning; Cary, NC, US
Sole authorship of continuing education courses
- 2013 - 2014 **Medicaid Provider Agency Startup,** Outreach Residential Care
Helping Individuals with Disabilities (ORCHID); Anchorage, AK, US
*Business plan, technical writing, Medicaid policy advisement,
electronic health records system design*
- 2012 **Alaska's Automated Information Management System (AKAIMS)**
Billing Data Entry, Mental Health Services, Hope Community
Resources; Anchorage, AK, US
*Emergency processing of over 14,000 billable account entries
surpassing \$1.5mil*
- 2010 - 2011 **Technical Support Service Contract,** Hearts & Hands of Care;
Anchorage, AK, US
*Three 6-month service contracts to upgrade and maintain
agency-wide desktop (6), printer (4) and workgroup network*
- 2005 **Public Works Project,** Capital Improvement Program
Management, North Slope Borough; Utqiaġvik, AK, US

*Layer 2 switch infrastructure design***Clinical Experience**

- 2018, Dec - Present **Private Practice**, Easy Does It Counseling; Multiple States, US;
Providing clinical supervision, case consultation, and addiction counseling both in-person and virtually. Overseeing operations, managing contracts, and ensuring high standards of clinical care and strategic direction.
- 2021, Mar - 2024, Mar **Senior Therapist**, Start Talking; Aurora, CO, US;
Employee assistance program: Screening, Brief Intervention and Referral to Treatment (SBIRT), solution-focused brief therapy (SFBT), and individual therapy.
- 2022, Jun - 2023, Jan **Clinical Supervisor**, Asher Behavioral Care, Aurora, CO, US;
Virtual practice start-up support, staff training, and small caseload. Practice closed in 2023.
- 2021, Jan - 2023, Jan **Telehealth Therapist**, Brightside; Denver, CO, US;
Supervisor: Dr. Erin O'Callaghan, LCP
Online counseling for depression and anxiety.
- 2021, May - 2022, Nov **Clinical Supervisor**, Cerebral; Denver, CO, US;
Supervisor: Michelle Miller, MA, LPCC-S
Providing clinical supervision and case consultation virtually.
- 2020, Nov - 2022, Jan **Recovery Counselor**, Workit Health; Anchorage, AK, US;
Supervisor: Dr. Sherrie Rager, CADC II
Virtual medically assisted treatment/recovery model; office-based opioid treatment and the Sinclair Method model for alcohol use disorder; sole counselor responsible for intake, screening, assessment, ASAM scoring and crosswalk, documentation, individual and group therapy.
- 2020, Nov - 2022, Jan **Counselor**, Workit Health; Alaska and Washington, US;
Supervisor: Dr. Sherrie Rager, CADC II
Online counseling for alcohol moderation, eating disorders, cannabis and tobacco cessation, stress management, and ADHD.
- 2020, Nov - 2022, Sep **LAC and MFTC Internship**, Colorado School for Family Therapy; Aurora, CO, US;
Supervisor: Dr. Reo Leslie Jr., LMFT, LPC, LAC, RPT-S, MAC
Internship hours towards licensed addiction counselor and

licensed marriage and family therapist in MAT setting.

- 2020, Mar - 2020, Sep **Crisis Systems Program Manager**, Rocky Mountain Crisis Partners; Denver, CO, US;
Supervisor: Cheri Skelding, MSW, LCSW
Provided clinical supervision and client consultation for 4 clinical supervisors; operational protocol developmental, implementation, and program evaluation for telephonic crisis management and online emotional support chat- and text-based services
- 2019, Jun - 2020, Mar **Crisis Line Supervisor**, Rocky Mountain Crisis Partners; Denver, CO, US;
Supervisor: Cheri Skelding, MSW, LCSW
Provided clinical supervision, client consultation, and operational oversight for an average of 15 crisis counselors and 63 crisis counselors total
- 2019, April - 2019, Aug **Crisis Clinician**, Rocky Mountain Crisis Partners; Denver, CO, US;
Supervisor: Brendan East, MSW, LCSW
Provided suicide, homicide, and substance use screening, assessment, and counseling averaging 22 full suicide assessments per day
- 2016, Jul - 2016, Oct **Residential Manager**, Children & Youth Services, Behavioral Health Division, Department of Health & Social Services, North Slope Borough; Utqiaġvik, AK, US;
Supervisor: Elizabeth Madsen, MS, LPC
Provided clinical and residential supervision for 15 direct service professionals and state designated Associate Administrator
- 2015, Jun - 2016, Jul **Supervisor, Clinical Associates-Residential**, The Pathway Home, Southcentral Foundation; Anchorage, AK, US;
Supervisor: Martha Ellington, PhD
Provided clinical and residential supervision of 13 direct service professionals and state designated Associate Administrator
- 2014, Jul - 2015, Jun **Clinical Associate II**, The Pathway Home, Southcentral Foundation; Anchorage, AK, US;
Supervisor: Dennis Good
Milieu Therapy, Individual/Group Therapy, and Recreational Therapy directed at indigenous male youth coping with Severe Emotion Disturbances and Personality Disorders
- 2012, Sep - 2013, May **Associates Practicum**, Discovery Center, Hope Community

Resources; Anchorage, AK, US;

Supervisor(s): Julie Mettler, MA & Matthew L. Gallatin, MA
Applied Behavior Analysis (ABA) Individual/Group Therapy, Art Therapy and Music Therapy emphasizing application to children and young adults living with a developmental disorder

2011, Feb - 2014, Jan

Direct Service Provider, Providence Pediatric Neurodevelopment Clinic, Catholic Social Services & Providence Children's Hospital; Anchorage, AK, US;

Supervisor: Ron Brennan, MD
Applied Behavior Analysis (ABA) Individual Therapy emphasizing application to children who experience developmental delays and/or conditions such as autism, prenatal alcohol/drug exposure, cerebral palsy or other neuromotor delays

Teaching & Mentoring Experience

Teaching

2025, Mar - Present

Associate Professor, National University, CA, US;

Supervisor: Mark B. White, PhD, LMFT

University clinical supervisor for marriage and family therapist master's and doctoral graduate programs

Practicum I, II, III; Internship I, II, III; Capstone

2020, Dec - 2024, Dec

Adjunct Faculty, Colorado School for Family Therapy, CO, US;

Supervisor: Dr. Reo Leslie Jr., LMFT, LPC, LAC, RPT-S, MAC

Addiction counselor and national examination preparation course instruction

CAC Co-Occurring Disorders, 13 students, 28 hours, 2022

Certified Clinical Supervisor Training, 25 students, 45 hours, 2021

LPC Supervision, 197 students, 21 hours, 2021

2021, Aug - 2023, Mar

Adjunct Professor, Yorkville University, NB, CA;

Supervisor: Dr. Sarah Stewart-Spencer, LPC, LMHC, NCC, CH

Graduate-level counseling and psychometric testing courses

Cultural Diversity in Counselling,

20 graduate students, 3 credits, 2023 Winter;

Practicum I,

20 graduate students, 3 credits, 2022 Spring;

Couples and Family Systems,

19 graduate students, 3 credits, 2022 Spring;

Assessment in Counselling,

18 graduate students, 3 credits, 2022 Spring;

Research Methods,

- 18 graduate students, 3 credits, 2022 Spring;
Cultural Diversity in Counselling,
 19 graduate students, 3 credits, 2022 Spring;
Group Counselling,
 30 graduate students, 3 credits, 2022 Spring;
Crisis and Trauma Counselling,
 40 graduate students, 3 credits, 2022 Winter;
Addictions Counselling,
 18 graduate students, 3 credits, 2022 Winter;
Group Counselling,
 45 graduate students, 3 credits, 2022 Winter;
Crisis and Trauma Counselling,
 22 graduate students, 3 credits, 2022 Winter;
Cultural Diversity in Counselling,
 39 graduate students, 3 credits, 2022 Winter;
Research Methodology,
 34 graduate students, 3 credits, 2021 Fall;
A Biopsychosocial Approach to Counselling,
 17 graduate students, 4 credits, 2021 Fall;
- 2017, Jun - 2019, Jan **Adjunct Faculty,** Iñisaġvik College, AK, US;
Supervisor: Dr. Birgit Meany
Intro. Health Info. Management,
 4 undergraduate students, 3 credit, (no ratings in the course)
Intro. Health Info. Management,
 course redesign, (no ratings in this course)
- 2015, Sep - 2016, Jul **Therapeutic Options,** Southcentral Foundation, AK, US;
Supervisor: Tiffany Guinn, MA
Two-day initial training and 6-hour recertification sessions that included theoretical underpinnings, verbal de-escalation techniques, and physical therapeutic hold techniques
- 2012, Oct - 2013, May **eLearning Teaching Assistant,** University of Alaska-Anchorage;
Supervisor: Dr. Bruno M. Kappes
Psychological Reactions to Catastrophic Events,
 course redesign, (no TA ratings in this course), 2013 Spr;
Psychology of Stress and Coping,
 course redesign, (no TA ratings in this course), 2013 Spr;
Self-initiated creation of an APA version 6 workshop module in 6 courses; update course material with recent topic examples, websites and activities
Psychology of Stress and Coping,
 48 undergraduate students, 3 credits,

(Rating: 6.63/7.00), 2012 Fall;
Reviewed, verified sources, graded, and provided feedback for each student's 4 required weekly posts (wkly avg: 190 posts); met with students during office hours (physical and virtual); responded promptly to technical and course questions; attended weekly TA meetings directed by instructor of record to review courses, resolve technical issues and improve instruction

2011, Jan - 2012, Dec **Autism Tutor**, Private,
Provided supplemental instruction, formal structured time management, course advisement, coordinated support services between Disability Support Services (DSS) and the student for a pupil living with Asperger's Syndrome

2011, Jan - 2012, Dec **Tutor**, Private,
Taught APA formatting workshops; tutored students in the following courses: Statistics for Psychology lecture and lab, History of the United States I and II, Natives of Alaska (Ethnohistory), Computer Concepts in Business, and Introduction to Justice

Mentorship, Student, & Clinical Supervision

2025, Mar - Present **Graduate Capstone Supervision & Evaluation; National University**
Serve as primary evaluator and supervisor for Marriage and Family Therapy capstone projects at both the Master of Arts and Doctorate levels. Also serve as co-evaluator on projects supervised by other faculty.

Capstone Supervisor & Primary Evaluator

McKenna Freund, MAMFT: Emotionally Focused Couples Therapy, 2026-01-13

Darianne Mitchell, MAMFT: Structural Family Therapy, 2025-09-09

Jordan Zachow, MAMFT: Emotion-Focused Therapy, 2025-09-02

Jackia Freeman, MAMFT: Solution-Focused Brief Therapy, 2025-08-20

Kaitlyn Ikeda, MAMFT: Solution-Focused Brief Therapy, 2025-08-13

Gia Singh, MAMFT: Cognitive Behavioral Family Therapy, 2025-08-06

Crystal Lepe, MAMFT: Solution-Focused Brief Therapy, 2025-07-15

Amanda Koman, MAMFT: Narrative Therapy, 2025-07-09

Dominique Cole, MAMFT: Bowen Family Systems Theory, 2025-06-25

Katrina Williamson, MAMFT: Solution-Focused Brief Therapy, 2025-06-11

Latricia Irvine, MAMFT: Narrative Therapy, 2025-06-04
 Kelisha Velarde, MAMFT: Narrative Therapy, 2025-05-14
 Selinette Robles, MAMFT: Cognitive Behavioral Family Therapy,
 2025-04-02

Co-Evaluator

Elizabeth Rice, MAMFT: , Emotionally Focused Couples Therapy,
 2026-01-28

Olivia Fields, MAMFT: Structural Family Therapy, 2026-01-09;
 Amber Childs, MAMFT: Experiential Family Therapy, 2025-09-12;

Heather Kilway, MAMFT: Narrative Therapy, 2025-06-27;

Calista Bower, MAMFT: Solution-Focused Brief Therapy,
 2025-06-25;

Rivka Shear, MAMFT: Structural Family Therapy, 2025-06-09;

Jamesha Mann, MAMFT: Cognitive Behavioral Family Therapy,
 2025-06-06;

Lexie Harder, MAMFT: Solution-Focused Brief Therapy,
 2025-05-29;

Y. Dominique Oscar, MAMFT: Bowen Family Systems Theory,
 2025-05-22;

Janae Otis, MAMFT: Emotion-Focused Therapy, 2025-05-21;

Bethany Gaddis, MAMFT: Collaborative Language Systems,
 2025-05-16;

Seth Gelman, MAMFT: Bowen Family Systems Theory, 2025-05-15;

Sarah Rich, MAMFT: Internal Family Systems, 2025-03-24;

2024, Spr - Present

Practicants and Interns; *Easy Does It Counseling*
(7 practicants and interns)

Kayla Morales (Mental Health Counseling), Adams State
 University, practicum & internship, 2025 Spr–2026 Fall;

Brittany Brzek (Mental Health Counseling), Adams State
 University,

practicum & internship, 2025 Spr–2026 Fall;

Mary Baja (Counseling Psychology, emphasis in Mental Health
 Counseling), Chaminade University of Honolulu, practicum, 2024
 Fall

Sam Hatzathanasiou (Mental Health Counseling), Adams State
 University, practicum & internship, 2024 Spr–2025 Spr

2020, Mar - Present

State Board of Licensed Professional Counselor Examiners;
 Colorado, US *(15 clinical supervisees)*

Lily Anne Williams, LPCC.0021258

Lisa Clay, LPCC.0021348

Manish Guar, LPCC.0019502

Allison Shew, PSYC.00013453, LPCC.0016556
Michela Raciti, LPCC.0019372
Alizea Farquharson, LPCC.0017850
Emily Carlson, LPCC.0018728
Emmalyn Clurman, LPCC.0017904
Unique-Rose Kersey-Watts, LPCC.0018688
Vandana Otto, LPCC.0018544
Amanda Almog, LPCC.0016763
Gabrielle Benoit, LPCC.0018265
Kourtney Osentoski, LPCC.0018288
Patricia Trefl, LPCC.0017129
Richard Camp, LPCC.0017617

2022, Feb - 2023, Mar

Canadian Counselling and Psychotherapy Association (CPPA);
CA (22 professional counsellors)
Chizorom Odoemele
Agnieszka Tarko-Biedacha
Jasleen Bhatoa
Lesley Levac
Karly Sovereign
Oshia MacKay
Kiersten Fehler
Sydney Layden
Shelbey Merrill
Brooklyn Moe
Lisa Young
Shakeel Lochan
Nichole Anderson
Olivia Vander Vloet
Matteo Castelli
Amy Graham
Michaela Torry
Thanh Ly
Amber Fennell
Ilham Reda Yaafar
Heather Haines
Payal Rudra

2020, Mar - Present

State Board of Addiction Counselor Examiners; Colorado, US

(3 clinical supervisees)

Alizea Farquharson, LPCC.0017850

Richard Camp, NLC.0109030

Anthony Bravo, NLC.0108188

2020, Jul - Present

NBCC, NAADAC, & FAHS, Minority Fellowship Program;
(5 MFP fellows)

Katheryn Binns (Co-occurring Disorders Recovery Counseling),
Metropolitan State University of St. Paul, 2024 Jan - 2024, Sept;

James Moore (Clinical Mental Health Counseling),

Metropolitan State University of Denver, 2022 Aug - 2023, Jun

Elizabeth Haarberg (Clinical Mental Health Counseling - focus in
Rural Drug and Alcohol Counseling), University of Nebraska at
Kearney, 2021, Aug - 2022, Apr;

Angelica Crimmins (Professional Mental Health Counseling -
specialization in Addictions), Lewis & Clark College,
2021, Aug - 2022, Apr;

Melissa Rozmiarek (Integrated Behavioral Health),
University of Minnesota, 2020, Jul - 2021, Mar;

2018, Feb - 2018, Jul

Great Lakes Internship, Iḷisaġvik College; Wesley Olson
(Health Management)

2017, Nov - 2017, Dec
College;

Trans Alaska Pipeline System (Alyeska) Internship, Iḷisaġvik

Benjamin Cunningham IV (Electrical)

Research Experience

2013, Oct - 2013, May

Research Assistant, Center for Human Development;
Anchorage, AK, US;

Supervisor(s): Karen Ward, EdD & Phillip Tafs, MSW, BCBA
Analyzed data-driven autism interventions

2012, Jan - 2013, May

Research Assistant, Clinical and Applied Biofeedback and
Psychophysiology Lab, Department of Psychology, University of
Alaska-Anchorage, Anchorage, AK, US;

Supervisor: Bruno M. Kappes, PhD

*Pedagogical review of eFolio Thinking in an eLearning
environment; installation, configuration and setup of Biofeedback
equipment*

Publications

Total Publications: 143 (Monographs, Books, & Book Chapters: 21; Refereed Periodicals: 59; Non-Refereed Periodicals: 36; Scholarly Reviews: 5; Registered Studies & Protocols: 2; Government & Corporate Reports: 9; Dissertations & Theses: 2; Unpublished Data: 4; Web Development & Software Contributions: 5)

Monographs & Books

Lockhart, E. (2024). *Virtual realities: The gains and strings of adult MMORPG gaming.* Eliva Press.

Lockhart, E. (2024). *The emotional impact of digital disconnection: Strategies for reconnection and healing.* Easy Does It Counseling, p.c.

Emotionally Yours Series: Awake from Emotional Dormancy (9-Book Guide Series on Emotional Healing and Growth)

Lockhart, E. (2024). *Emotionally yours: Overcoming lust, restoring trust.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Calming the angry sea.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Courageously conquering shyness.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Conquering insecurity, ascending confidence.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Overcoming shame, clearing the path.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Seasons of heartache and healing.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Awakening from loneliness.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Struck by fear.* Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally yours: Forgiveness, the vital sunlight.* Easy Does It Counseling, p.c.

Emotionally Empowered Series (4-Book with Workbook Series on Emotional Healing and Growth)

Lockhart, E. (2024). *Emotions tied to the past: Exploring the spectrum beyond anger and rage*. Easy Does It Counseling, p.c

Lockhart, E. (2024). *Emotionally empowered: Identifying mixed emotions*. Denver, CO: Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally empowered workbook 1: Methods to manage anger, anxiety, loneliness*. Easy Does It Counseling, p.c.

Lockhart, E. (2024). *Emotionally empowered workbook 2: Methods to manage regret, guilt, grief*. Easy Does It Counseling, p.c.

Lockhart, E. N. S. (2016). *Living kindness: Your footsteps towards being a kinder human*. On-Demand Publishing.

Book Chapters in Edited Volumes

Lockhart, E. (2025). Measuring the impact of manualized therapy on transgender acceptance in Baptist families: A mixed-methods pilot study on family cohesion and coping. In *The Asian Conference on Psychology & the Behavioral Sciences 2025: Official Conference Proceedings* (pp. 97–116). IAFOR. <https://doi.org/10.22492/issn.2187-4743.2025.8>

Lockhart, E. N. S. (2025). Strategic planning for Gen Z (and beyond) start-ups: Lessons from Haley's strategic family therapy model. In A. Narula (Ed.), *The Startup Generation: Shaping Futures Through Psychology and Business* (pp. 105–117). National Press Associates.

Lockhart, E. N. S. (2025). Unshakable: The psychology behind fearless entrepreneurship. In A. Narula (Ed.), *The Startup Generation: Shaping Futures Through Psychology and Business* (pp. 92–104). National Press Associates.

Lockhart, E. N. S. (2022). Motivation and cognitive-behavioral factors in problematic online gaming. In T. Hunt & L. M. Tan (Eds.), *Applied Psychology Readings*. SCAP 2021 (pp. 67–115). Springer, Singapore. https://doi.org/10.1007/978-981-19-5086-5_4

Lockhart, E. N. S. (2021). The examination of motivation and cognitive-behavioral factors in Internet gaming disorder. In V. Ilic, N. Milosevic, & M. Đurić (Eds.), *Latest developments in speech and language pathology, occupational therapy, psychology, and social work – ALOPS21, The new reality: Continuity and changes* (pp. 67–68). Visoka Škola Socijalnog Rada.

Refereed Periodicals

Lockhart, E. N. S. (2026). Digital tools for executive dysfunction: Evaluating teletherapy features that improve attendance among adults with attention-deficit/hyperactivity disorder. *Journal of Clinical Informatics*, 025380031. <https://doi.org/10.36922/JCI025380031>

- Lockhart E. N. S.** (2026). Ezra seeing Ezra - psychiatry in theatre. *The British Journal of Psychiatry*, 228(2), 125. <https://doi.org/10.1192/bjp.2025.97>
- Macias, A., & **Lockhart, E. N. S.** (2025). Influence without insight: How algorithmic charisma is replacing experts. *AI & Society*. <https://doi.org/10.1007/s00146-025-02706-y>
- Lockhart, E. N. S.** (2025). Jay Haley's model of strategic family therapy: An epistemological inquiry. *Philosophy, Psychiatry, & Psychology*, 32(4), 407–434. <https://doi.org/10.1353/ppp.0.a971258>
- Lockhart, E. N. S.** (2025). Response to Raab et al. (2025) Linking PES to family therapy with LGBTQIA+ individuals. *International Journal of Transgender Health*, 1–3. <https://doi.org/10.1080/26895269.2025.2577838>
- Lockhart, E. N. S.** (2025). Identity in the shadow of faith: The challenge of identity negotiation within religious conservatism. *Context*, 201, 48–51.
- Lockhart, E. N. S.** (2025). Network states as a technocratic shell game: The myth of sovereign choice and algorithmic neutrality. *AI Letters*, 2, article 2956, 1–2. <https://ail.sigmaxplore.com/archive/AI-L-Vol-2-1-6641009.pdf>
- Lockhart, E. N. S.** (2025). Transhumanism as capitalist continuity: Branded bodies in the age of platform sovereignty. *Humans*, 5(3), 21. <https://doi.org/10.3390/humans5030021>
- Lockhart, E. N. S.** (2025, Jul/Aug). A response to a mixed-method study on core competencies. *Family Therapy Magazine*, 24(4). <https://ftm.aamft.org/a-response-to-a-mixed-method-study-on-core-competencies>
- Lockhart, E. N. S.** (2025). Vicarious trauma and the VOTE Index. *The Industrial-Organizational Psychologist*, 63(1), 22–30. <https://www.siop.org/tip-article/vicarious-trauma-and-the-vote-index/>
- Lockhart, E.** (2025, August 6). A supervisor's guide on how to create a culture of support. *Psychotherapy.net*. <https://www.psychotherapy.net/blog/title/a-supervisor-s-guide-on-how-to-create-a-culture-of-support>
- Lockhart, E. N. S.** (2025). Measuring the impact of manualized therapy on transgender acceptance in Baptist families: A mixed-methods pilot study on family cohesion and coping. In *The Asian Conference on Psychology & the Behavioral Sciences 2025 Official Conference Proceedings* (pp. 97–116). IAFOR. <https://doi.org/10.22492/issn.2187-4743.2025.8>

- Lockhart, E. N. S.** (2025). From search to synthesis: Generative AI, internet use, and the transhuman epistemic shift. *Journal of Excellence in Social Sciences*, 4(1), 24–36. <https://doi.org/10.69565/jess.v4i1.418>
- Lockhart, E. N. S.** (2025). Expertise in AI and clinical publishing exposes peer review gaps: A perspective. *Artificial Intelligence in Health*, 025210049. <https://doi.org/10.36922/AIH025210049>
- Lockhart, E. N. S.** (2025). Response to “Childhood traumas and dissociation in firefighters: The mediating role of suicidal desire”(Saglam et al., 2025). *The Journal of Behavioral Health Services & Research*, 1-2. <https://doi.org/10.1007/s11414-025-09961-3>
- Lockhart, E. N. S.** (2025). Jay Haley’s ethical legacy: Bioethics, family therapy, and the AAMFT code. *History and Philosophy of Medicine*, 7(3), 15. <https://doi.org/10.53388/HPM2025015>
- Lockhart, E. N. S.** (2025). Insights into suicidality in rural communities: Lessons from Rawat et al. (2025) and perspectives from Alaska and Colorado. *The Journal of Rural Health*, e70046. <https://doi.org/10.1111/jrh.70046>
- Lockhart, E. N. S.** (2025). Strategic family therapy of Haley in practice: Thematic challenges for managing technology use in the family [Abstract]. *Revista de Familias y Terapias*, 34(57), 14. <https://doi.org/10.29260/DFYT.2025.57B>
- Lockhart, E. N. S.** (2025). La terapia familiar estratégica de Haley en la práctica: Desafíos temáticos para gestionar el uso de la tecnología en la familia [Resumen]. *Revista de Familias y Terapias*, 34(57), 10. <https://doi.org/10.29260/DFYT.2025.57B>
- Lockhart, E. N. S.** (2025). La terapia familiar estratégica de Haley en la práctica: Desafíos temáticos para gestionar el uso de la tecnología en la familia. *Revista de Familias y Terapias*, 34(57), 38–50. <https://doi.org/10.29260/DFYT.2025.57B>
- Lockhart, E. N. S.** (2025). Letter to the Editor to E.G. Howe, “New Ways to Help Patients Worst Off”. *Journal of Clinical Ethics*, 36(2), 205. <https://doi.org/10.1086/734770>
- Lockhart, E. N. S.** (2025). Insights from a Hawaiian systemic psychotherapist on feminist solidarity: A cultural framework for collective care. *Sociology & Social Policy*, 2(1), 28–33. <https://doi.org/10.26855/ssp.2025.06.004>
- Lockhart, E. N. S.** (2025). Strategic planning for Gen Z (and beyond) start-ups: Lessons from Haley’s strategic family therapy model. *International Journal of Interdisciplinary Approaches in Psychology*, Special Issue: *The Startup Generation: Shaping Futures Through Psychology and Business*, 105–117.

- Lockhart, E. N. S.** (2025). Unshakable: The psychology behind fearless entrepreneurship. *International Journal of Interdisciplinary Approaches in Psychology*, Special Issue: *The Startup Generation: Shaping Futures Through Psychology and Business*, 92–104.
- Lockhart, E. N. S.** (2025). “But I’m their parent—Why can’t I know?” Parental expectations and the ethics of confidentiality in family therapy with transgender adolescents. *The Family Journal*, 0(0). <https://doi.org/10.1177/10664807251329592>
- Lockhart, E. N. S.** (2025). The promise of AI: Enhancing care, equity, and physician-patient interaction. *The Annals of Family Medicine*, 23(1), 7, eLetter. <https://www.annfam.org/content/promise-ai-enhancing-care-equity-and-physician-patient-interaction>
- Lockhart, E. N. S.** (2025). The role of AI in publishing: Preserving humanism and integrity in family medicine research. *The Annals of Family Medicine*, 23(1), 1–4, eLetter. <https://www.annfam.org/content/the-role-of-ai-in-publishing-preserving-humanism-and-integrity-in-family-medicine-research>
- Lockhart, E. N. S.** (2025). Teletherapy reform: A comprehensive approach to regulatory oversight for consumer protection. *The Advocate Magazine*, 48(1), 19–23. <https://viewer.joomag.com/the-advocate-magazine-2025-number-48-issue-1/0923032001742402268/p18>
→ Research was later submitted as evidence supporting the Wellness and Oversight for Psychological Resources Act (HB1806), contributing to its unanimous passage into law in Illinois on April 23, 2025.
- Lockhart, E. N. S.** (2025). Relevant laws and regulations related to teletherapy. *The Advocate Magazine*, 48(1), Suppl. 1.
- Legal analysis provided context for discussions around the Wellness and Oversight for Psychological Resources Act (HB1806).
 - Cited in legislative proceedings leading to formalized reforms as of April 23, 2025.
- Lockhart, E. N. S.** (2025). References and resources on teletherapy reform. *The Advocate Magazine*, 48(1), Suppl. 2.
- Curated resources informed evidence-based policymaking for the Wellness and Oversight for Psychological Resources Act (HB1806).
 - Utilized in advocacy and legislative discussions shaping the bill that became law on April 23, 2025.
- Lockhart, E. N. S.** (2025). Between becoming and being: A Philosophical treatise with interstitial reflections on experience, gender, and biopolitically controlled life. *International Journal of Interdisciplinary Approaches in Psychology*, 3(3), 1–66. <https://psychopediajournals.com/index.php/ijiap/article/view/692>

- Lockhart, E. N. S.** (2025). Reflexive examination of IWSC(HAT)P through cybernetics. *Journal of Feminist Family Therapy*, 37(1–2), 62–71.
<https://doi.org/10.1080/08952833.2025.2472521>
- Lockhart, E. N. S.** (2025). Improving ADHD treatment attendance through teletherapy: A quasi-experimental analysis of technological features. *Journal of Technology in Behavioral Science*. Advance online publication.
<https://doi.org/10.1007/s41347-025-00490-6>
- Lockhart, E. N. S.** (2025). Tech tug-of-war: Families' battle with screen time. *Context*, 197, 32–33.
- Lockhart, E. N. S.** (2025). Mentorship and clinical supervision through Haley's strategic model: A composite case study in legal literacy. *Journal of Systemic Therapies*, 43(3), 90–95.
<https://doi.org/10.1521/jsyt.2024.43.3.01>
- Lockhart, E. N. S.** (2025). Quality measures over consensus: Rethinking best practices in psychotherapy. *Psychiatric Services*, 76(2), 216.
<https://doi.org/10.1176/appi.ps.20240411>
- Lockhart, E. N. S.** (2025). Balancing bytes and bonds: Case studies in systemic approaches to digital dynamics in diverse family systems. *Australian & New Zealand Journal of Family Therapy*, 46(1), e1606. <https://doi.org/10.1002/anzf.1606>
- Lockhart, E. N. S.** (2025). Privacy and data security in digital health: Implications for family therapy. *Contemporary Family Therapy* 47, 416–418.
<https://doi.org/10.1007/s10591-024-09731-x>
- Lockhart, E. N. S.** (2024). Trans-inclusive feminist praxis: Shifting religious and familial gendered violence towards transgender acceptance—A USA case study. *PINS—Psychology in Society*, 66(2), 90–95. <https://doi.org/10.17159/pins2024Vol66iss2a6884>
- Lockhart, E. N. S.** (2024). Exploring the intersection of digital fashion and human identity: A Hegelian dialectic approach to digital technology-mediated embodied cognition. *Journal of Textile Science & Fashion Technology*, 11(2), 1–7.
<https://doi.org/10.33552/JTSFT.2024.11.000757>
- Lockhart, E. N. S.** (2024). Creativity in the age of AI: The human condition and the limits of machine generation. *Journal of Cultural Cognitive Science*. Advance online publication.
<https://doi.org/10.1007/s41809-024-00158-2>
- Lockhart, E.** (2024, November 20). Successful use of Haley's strategic model of family therapy. *Psychotherapy.net*.

<https://www.psychotherapy.net/blog/title/successful-use-of-haley-s-strategic-model-of-family-therapy>

- Lockhart, E. N. S.** (2024). Why LLMs should not generate ideas for academic manuscripts: The irreplaceable role of lived experience and intersectionality. *The Annals of Family Medicine*, 2958, eLetter. <https://www.annfammed.org/content/early/2023/03/29/afm.2982/tab-e-letters#why-llms-should-not-generate-ideas-for-academic-manuscripts-the-irreplaceable-role-of-lived-experience-and-intersectionality>
- Lockhart, E. N. S.** (2024). What it means to be human: A response to Harzheim. *The Cambridge Quarterly of Healthcare Ethics: The International Journal of Healthcare Ethics Committees*, 292–294. <https://doi.org/10.1017/S0963180124000525>
- Lockhart, E. N. S.** (2024). The absurdity of life: The crossroad of logotherapy and absurdism. *Journal of Search for Meaning*, 47(2), 29–40.
- Lockhart, E.** (2024, Sep/Oct). Shifting worldviews on excessive technology use with systemic approaches. *Family Therapy Magazine*, 23(5). <https://ftm.aamft.org/shifting-worldviews-on-excessive-technology-use-with-systemic-approaches/>
- Lockhart, E. N. S.** (2024). Increasing transgender acceptance in religious families: A pilot study of manualized strategic family therapy. *International Journal of Systemic Therapy* 36(1), 1–34. <https://doi.org/10.1080/2692398X.2024.2408135>
- Lockhart, E.** (2024). How to avoid burnout and find joy in corporatized care settings. *Psychotherapy.net*. <https://www.psychotherapy.net/article/how-to-avoid-burnout-in-coporatized-care-settings>
- Lockhart, E. N., & Goodin, J. B.** (2024). When social media recruiting goes wrong: A cautionary tale of sample engagement. *The Qualitative Report*, 29(8), 2144–2155. <https://doi.org/10.46743/2160-3715/2024.5082>
- Lockhart, E.** (2024, July/Aug). Helping clients understand the differences: The importance of psychotherapy in an unregulated coaching landscape. *Family Therapy Magazine*, 23(4). <https://ftm.aamft.org/helping-clients-understand-the-differences-the-importance-of-psychotherapy-in-an-unregulated-coaching-landscape/>
- Lockhart, E.** (2024, July/Aug). Laugh rather than lecture: A humorous approach to excessive mobile phone and social media use. *Family Therapy Magazine*, 23(4). <https://ftm.aamft.org/laugh-rather-than-lecture-a-humorous-approach-to-excessive-mobile-phone-and-social-media-use/>

- Lockhart, E. N. S.** (2024). Silent threats: The unchecked exploitation of client testimonials in online therapy service platforms. *The Family Journal: Counseling and Therapy for Couples and Families*, 33(3), 433–437. <https://doi.org/10.1177/10664807241269466>
- Lockhart, E.** (2024). Effects of social media on child development: Healthy strategies. *Psychotherapy.net*.
<https://www.psychotherapy.net/article/social-media-child-development-healthy-strategies>
- Lockhart, E.** (2024, July 16). Navigating client loneliness in the digital age with therapy. *Psychotherapy.net*.
<https://www.psychotherapy.net/blog/title/navigating-client-loneliness-in-the-digital-age-with-therapy>
- Lockhart, E. N. S.** (2022). The examination of motivation and cognitive-behavioral factors in internet gaming disorder. *Psihološka obzorja / Horizons of Psychology*, 31, 41–58.
- Lockhart, E. N. S.** (2022). Motivation and cognitive-behavioral factors in problematic online gaming. In T. Hunt, T. & L. M. Tan (Eds.), *Applied Psychology Readings. SCAP 2021* (pp 67–115). https://doi.org/10.1007/978-981-19-5086-5_4
- Lockhart, E. N. S.** (2021, Sep/Oct). The motivation behind problematic online gaming: Recommendations for couples and families. *Family Therapy Magazine*, 20(5), 28–31.
- Lockhart, E. N. S.** (2018). An evaluation on the affordability of computer-based social-emotional skills interventions for school-aged children with autism spectrum disorders. *World Academy of Science, Engineering and Technology: International Journal of Medical and Health Sciences*, 12(9), 31.
- Lockhart, E. N. S.** (2017). Using peer support arrangements in general education classrooms to improve social and academic outcomes for students with intellectual disabilities: A review of the legislative, classroom and developmental impacts. *Global Journal of Special Education and Services*, 5(4), 100–105.

Scholarly Reviews

- Lockhart, E. N. S.** (2025). Review of 'Addressing intergenerational trauma in Black families: Trauma-informed socioculturally attuned family therapy.' ScienceOpen.
<https://doi.org/10.14293/S2199-1006.1.SOR-UNCAT.A7A2AN.v1.RHNQON>
- Lockhart, E. N. S.** (2025). Review of 'Cybernetic Explanation'. ScienceOpen.
<https://doi.org/10.14293/S2199-1006.1.SOR-UNCAT.A90M9O.v1.RBTIIA>

Lockhart, E. N. S. (2025). Review of '*Socioculturally Attuned Family Therapy*'. ScienceOpen.
<https://doi.org/10.14293/S2199-1006.1.SOR-UNCAT.BC4UISM.v1.RURAEI>

Lockhart, E. N. S. (2025). Review of '*Strategies of Psychotherapy*.' ScienceOpen.
<https://doi.org/10.14293/S2199-1006.1.SOR-UNCAT.BKNHO5.v1.RPIIEL>

Lockhart, E. N. S. (2025). Review of '*Can AI replace psychotherapists? Exploring the future of mental health care*'. ScienceOpen.
<https://doi.org/10.14293/S2199-1006.1.SOR-MED.A11560757.v1.RJCJHA>

Registered Studies & Protocols

Lockhart, E. N. S. (2025). *Bounded knowledge bases and the limits of epistemic production* [Preprint]. ResearchGate. <https://doi.org/10.13140/RG.2.2.17040.52485>

Lockhart, E. N. S. (2025). *Comparative genogram analysis protocol* [OSF registration]. Open Science Framework. <https://doi.org/10.17605/OSF.IO/4TW3E>

Non-Refereed Periodicals

Lockhart, E. N. S. (2026, February 3). *Meta profits from loneliness then sells you AI companionship to keep you lonely*. Medium.
<https://medium.com/@enslockhart/meta-profits-from-loneliness-then-sells-you-ai-companionship-to-keep-you-lonely-ab006dea8d0a>

Lockhart, E. N. S. (2025, October 12). *Ho'oponopono or hypocrisy? How Psychology Today helped peddle fake Hawaiianism in Matt James' forgiveness fantasy*. Medium.
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<https://medium.com/@enslockhart/the-shape-of-influence-foucault-frequency-and-the-ethics-of-presence-b43959a23fc5>

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<https://medium.com/@enslockhart/the-architecture-of-inquiry-7a6d35eddb7e>

Lockhart, E. N. S. (2025, March 17). *The unreplicable nature of authentic human expression in art and literature*. Medium.
<https://medium.com/@enslockhart/the-unreplicable-nature-of-authentic-human-expression-in-art-and-literature-cb50827c1885>

Lockhart, E. N. S. (2025, January 22). *Unlocking calm: The Havening technique and how it can transform your mental wellness*. Medium.
<https://medium.com/@enslockhart/unlocking-calm-the-havening-technique-and-how-it-can-transform-your-mental-wellness>

- Lockhart, E. N. S.** (2025, January 20). *When morality impedes therapy: Identifying and confronting a silent barrier to healing*. Medium.
<https://medium.com/@enslockhart/when-morality-impedes-therapy>
- Lockhart, E. N. S.** (2025, January 6). *Top-down, bottom-up, and sideways: Which approach to psychotherapy is right for you?* Medium.
<https://medium.com/@enslockhart/top-down-bottom-up-and-sideways>
- Lockhart, E. N. S.** (2024, December 28). *Psychotherapist care as community care: A revolutionary practice of healing*. Medium.
<https://medium.com/@enslockhart/social-desirability-bias-in-psychotherapy-55ada3b458b6>
- Lockhart, E. N. S.** (2024, December 27). *Social desirability bias in psychotherapy: How socially acceptable responses can distort the therapeutic process*. Medium.
<https://medium.com/@enslockhart/social-desirability-bias-in-psychotherapy-55ada3b458b6>
- Lockhart, E. N. S.** (2024, December 24). *When agreeable clients steal the spotlight: What is client compliance bias?* Medium.
<https://medium.com/@enslockhart/when-agreeable-clients-steal-the-spotlight-247c1f3020e5>
- Lockhart, E. N. S.** (2024, December 23). *What happens when gratitude and affection become too much? The danger of reciprocity bias: Maintaining boundaries in therapy*. Medium.
<https://medium.com/@enslockhart/what-happens-when-gratitude-and-affection-become-too-much-a7b6239be0bd>
- Lockhart, E. N. S.** (2024, December 21). *Understanding privilege and confidentiality in mental health practice*. Medium.
<https://medium.com/@enslockhart/understanding-privilege-and-confidentiality-in-mental-health-practice-2e507baf5707>
- Lockhart, E. N. S.** (2024, December 19). *Why we stick with bad decisions and how to break free: Sunk cost fallacy*. Medium.
<https://medium.com/@enslockhart/are-you-thinking-i-know-exactly-how-you-feel-5236c0887a52>
- Lockhart, E. N. S.** (2024, December 18). *Why we focus on weaknesses (and how to start embracing strengths): Overlooking strengths bias: how focusing on problems can undermine progress*. Medium.
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- Lockhart, E. N. S.** (2024, December 17). *Are you thinking 'I know exactly how you feel'? : Projection bias in psychotherapy.* Medium.
<https://medium.com/@enslockhart/are-you-thinking-i-know-exactly-how-you-feel-5236c0887a52>
- Lockhart, E. N. S.** (2024, December 17). *What mindfulness is not. Breaking the myths and getting real about it.* Medium.
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 - Dissertation of the Year Finalist
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6. **Lockhart, E. N. S.** (2019, February 21-23). *Internet gaming disorder and Massive Multi-user Online Role-Playing Games* [Conference session]. The 4th International Psychiatry Conference, Youth and Mental Health: Vision 2030, Riyadh, Kingdom of Saudi Arabia.
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2. Strong, M. (1994, April). Socratic Seminars, Ready for work, and the minority education concerns committee. *Socratic Practice: The Alaska Paideia Project, 1, 1-2*.
1. **Lockhart, E.** (1994, April). Ezra Lockhart, Central Junior High student. *Socratic Practice: The Alaska Paideia Project, 1, 5*.

Awards & Honors

Summary:	<i>47 Awards & 8 Nominations</i>	\$47,424
Community		
2015	Epiphany (painting), Michael Tolleson Savant Art Center	\$1,800
2013	President's Volunteer Service Award , President's Council on Service and Civic Participation	
2012	Ezra Lockhart College Fundraiser Campaign , Indiegogo Campaign <i>self-promoted</i>	\$890
Professional		
2024	Registration Grant for 49th Annual Winter Symposium , Problem Gambling Coalition Center of Colorado	\$500
2023	Scholarship for Advance Training , Problem Gambling Coalition Center of Colorado	\$600
2021	Honorarium , Deerfield Institute	\$100
2021	Therapist of the Month , Studio CE	
2020	Licensed Addiction Counselor Training Grant , Rocky Mountain Crisis Partners	\$540

2019	Annual Conference Scholarship , National Association for Alcoholism and Drug Abuse Counselors (NAADAC)	\$550
2016	Annual Conference Scholarship , National Association for Alcoholism and Drug Abuse Counselors (NAADAC)	\$600
2016	Team of the Month , Southcentral Foundation, The Pathway Home	
2016	Featured Certified Autism Specialist , International Board of Credentialing and Continuing Education Standards (IBCCES)	
2014	Employee of the Month: December , Southcentral Foundation, The Pathway Home	
2014, 2013, 2012	Service Recognition Award , Catholic Social Services	
2014, 2013, 2012	Outstanding Direct Service Professional of the Year Award Nominee , Category: People with Developmental Disabilities, Alaska Alliance for Direct Service Career (AADSC)	
2012	Continuing Education Incentive , Catholic Social Services	\$200
Academic		
2021	Dissertation of the Year Nominee , Northcentral University	
2021	Guest of Honor , Driven to Doctorate: Innovation for the Ultimate Scholarly Pursuit	
2020	Student Relief Fund , Northcentral University	\$5,720
2018	Employee Scholarship , Iñisaġvik College	\$3,200
2018	Travel Grant , American Indian Higher Education Consortium	\$500
2017	Million Dollar Grant , Northcentral University	\$5,000
2017	Alumni Tuition Reduction , Northcentral University	\$8,079
2016	Course Materials Waiver , Northcentral University	\$100

2016, 2015	Academic Achievement Program , Southcentral Foundation	\$5,653
2016	John C Harsanyi Medal (for international student achievement) Nominee , University of Sydney, Alumni Achievement Awards	
2015	Nick Begich Scholar , Nick Begich Scholarship Intern Fund	\$1,000
2013	Seawolf Student Leader Award , University of Alaska-Anchorage, Student Life & Leadership	\$1,500
2013	Liko A`e Native Hawaiian Leadership Program Finalist , University of Hawaii-Maui	
2013	ANAINA Man of Excellence , University of Alaska-Anchorage, Multicultural Center, AHAINA Student Programs	\$2,016
2013	ANAINA Men & Women of Excellence , University of Alaska-Anchorage, Multicultural Center, AHAINA Student Programs	
2013	Distinguished Psychology Student Award , University of Alaska-Anchorage, Department of Psychology	
2013	Scholar of Promise , America's Promise Alliance	
2013	Student Showcase , University of Alaska-Anchorage	
2013	19th Annual Martin Luther King Jr. Student Appreciation Award , University of Alaska-Anchorage, Chancellor's Office & Student Activities	
2013	Alaska Native Community Advancement in Psychology (ANCAP) Tuition Award , University of Alaska-Anchorage, College of Arts and Sciences, Alaska Native Community Advancement in Psychology Program	\$660
2013	School of Social Work Scholars Book Scholarship , University of Alaska-Anchorage, College of Health	\$111
2013	Departmental Academic Tuition Award , University of Alaska-Anchorage, Department of Psychology	\$350

2013	Employee of the Quarter Award Nominee , 1st QTR FY13, University of Alaska-Anchorage, Office of the Vice Chancellor for Administrative Services	
2013, 2012	Federal Pell Grant , U.S. Department of Education	\$5,885
2013, 2012	Departmental Academic Tuition Award , University of Alaska-Anchorage, Department of Human Services	\$1,095
2013, 2012	Chancellor's List , University of Alaska-Anchorage	
2012	Dean's List , University of Alaska-Anchorage	
2012	UAA Financial Aid Tuition Award , University of Alaska- Anchorage, Office of Student Financial Assistance	\$500
2012	Critical Behavioral Health Issues in Alaska Stipend , University of Alaska-Anchorage, Department of Health Programs Development	\$100
2012	Student Showcase of Excellence, Distance Education category, 1st place , University of Alaska, Kodiak College	\$175
2012	Student Diversity Award Nominee , University of Alaska- Anchorage, Diversity Action Council	
Grants Awarded		
Summary:	<i>8 Awards</i>	<i>\$803,721</i>
2026	Open Educational Resource Grant , National University Role: Principal Investigator	\$3,000
2018	American Indian College Fund & Van Vlack Family Charitable Trust, Supporting Wireless Network Capacity , Iḷisaġvik College Role: Principal Investigator	\$8,300
2018	Universal Service Administrative Company, Category 1 Fund , Tuzzy Consortium Library Role: Design and Implementation Advisor (PI: Christie Burke)	\$110,400

2018	Universal Service Administrative Company, Category 2 Fund , Tuzzy Consortium Library Role: Design and Implementation Advisor (PI: Christie Burke)	\$2,697
2018	Rasmuson Foundation, Technology Infrastructure Improvement Tier 2 , Iḷisaġvik College Role: Design and Implementation Advisor (PI: Brian Plessinger)	\$452,000
2018	United States Department of Agriculture, Rural Development, Campus Modernization Project Phase II , Iḷisaġvik College Role: Principal Investigator & Design and Implementation Advisor	\$125,549
2018	North Slope Borough, Computer Lab upgrade , in-kind, Iḷisaġvik College Role: Principal Investigator	\$90,000
2018	North Slope Borough, VoIP Testbed , in-kind, Iḷisaġvik College Role: Principal Investigator	\$3,275
2018	North Slope Borough, Core Network Improvement , in-kind, Iḷisaġvik College Role: Principal Investigator	\$11,500

Technological Expertise

Programming Languages

HTML 2 to 4, DHTML, CSS level 1, JSSS, XML, XSL, ASP, Java, JavaScript, VBScript, CGI, Perl, C, C++, Pascal, Basic

Related Software

MS Visio, MS FrontPage 2000, MS Office, Macromedia Dreamweaver, Director, Shockwave, Flash

Operating Systems

Windows 3.1x, 9X, NT 4.0, 2000, 2008, 2012, 2016, XP, ME, 7, 8, 10; MS-DOS, Unix, Banyan

Cisco Routers

7500, 7200, 7000, AS5800, AS5200, 4500, MC3810, 3600, 3000, 2600, 2500, 1750, 1600, 700,

MGS, CGS, IGS Series

Switches

Catalyst 5500, 5000, 3600XL, 3600, 2900XL, 2900, 2800 WG, 2100 WG, 1700 WG, 1900 Series

Wireless

Aironet 340 Access Points and Workgroup Bridges

Access Servers

5800, 5400, 5200 Series

Network Management

CiscoWorks 2000 and RME

Volunteer Experience

2021, Nov - Present	Mentor, Rising Native Graduates, American Indian Graduate Center; Albuquerque NM, US; <i>Weekly one hour meetings with Indigenous mentees to discuss professional and academic development.</i>
2020, Jul - Present	Mentor, Minority Fellowship Program, National Board of Certified Counselors & NAADAC; Denver, CO, US; <i>Weekly/Monthly one hour meetings with mentees to discuss professional and academic development. Current mentorship focusing on providing counseling to Indigenous, rural, and LGBTQIA2 populations.</i>
2021, Apr - 2021, Jun	FEMA COVID Vaccination Clinic Support; Denver, CO, US; <i>Vaccine symptom reaction observation and administrative tasks.</i>
2016, Jun - 2021, Jul	CareerVillage; Palo Alto, CA, US; 5 years; <i>Mentor for college students with specialty in CV & résumé writing and connecting to disability resources</i>
2018, Jul	3rd Annual Our Land, Barrow Community Clean Up Initiative; July 6; Utqiaġvik, AK, US <i>Community cleanup initiative partnership between Lion's Club and the Rotary Club of Barrow-Nuvuk</i>
2017, May - 2018, Nov	Native Village of Barrow, Social Services; Utqiaġvik, AK, US; <i>Tribal foster parent</i>
2016, Oct - 2018, Jan	State of Alaska, Department of Health and Social Services,

- Office of Children Services (Utqiaġvik);** Utqiaġvik, AK, US;
Emergency foster placement for short- and long-term children
- 2016, Aug **Fun Run;** August 6 - 7; Utqiaġvik, AK, US
Prepared food for participants
- 2016, Jul **1st Annual Our Land, Barrow Community Clean Up Initiative;**
July 26; Utqiaġvik, AK, US
Aided and supervised program level involvement in clean up initiative
- 2016, Jun **Special Olympics Alaska Summer Games,** June 10 - 12;
Anchorage, AK, US
1:1 support and supervision during basketball tournament and social/leisure events
- 2011, Apr - 2016, Jun **Friends of Pets;** Anchorage, AK, US; 5 years;
Walked sheltered dogs of abused women who themselves are in emergency shelters
- 1996, Aug - 1999, Aug **Alaskan AIDS Assistance Association;** Anchorage, AK, US; 3 years;
Hospice care, companionship, and home delivery of food

Cultural & Travel Experience

Languages

English (Native; Advanced Scholarly & Professional Writing)
Hawaiian (Heritage language; Advanced Academic Reading & Writing)
Spanish (Advanced Academic Reading & Writing)

Travel

6. Republic of Costa Rica

**Visited the following provinces: Heredia, San José, and Guanacaste.*

5. United Mexican States

**Visited Estado Libre y Soberano de Baja California.*

4. Commonwealth of Australia

**Master's degree study and commencement.*

**Invited International Scholar Laureate to attend the 2014 Student Delegation on Medicine & Science in Australia and New Zealand.*

**Hiked:*

*Wentworth Falls, Jamison Lookout track
Katoomba (Blue Mountains), Eagle Hawk Lookout track*

3. Republic of Fiji

**Arrived less than a week after Category 5 Cyclone Winston in 2016, the strongest landfalling tropical cyclone on record in the South Pacific archipelago.*

**Completed 10,000ft tandem skydive.*

2. **Canada**

1. **United States of America**

**Visited 12 of 50 states, including Hawaii and Alaska.*

Colorado

**2-year resident.*

Illinois

**Attended 1st Annual Special Olympics Unified Cup and 50th Annual Special Olympics*

**Kayak Chicago River and Lake Michigan*

Alaska

**26-year resident.*

**Extensive travel experience in rural Alaska.*

**Lived in the native village of Utqiagvik for more than 7 years, the northernmost town in North America.*

**As a team brought Internet access to 5 school districts (over 120 schools) via a Universal Service Fund in 1996-1999.*

**Served:*

The Iñupiat (aboriginal peoples of northern Alaska spanning the Norton Sound, Bering Sea, and Beaufort Sea) in accessing digital technology.

The Iñupiat, Yupik (aboriginal peoples of northwestern and southwestern Alaska), Dena'ina, and Ahtna Athabascan (aboriginal peoples of southcentral Alaska) by delivering mental and behavioral health services.

**Hiked:*

National Petroleum Reserve—Alaska (NPRA), Meade River

Gates of the Arctic National Park and Preserve, John River (Anaktuvuk Pass)

Chugach National Forest

Alyeska Roundhouse (Girdwood)

Portage Pass (Whittier)

Portage Glacier (Whittier)

Chugach State Park

Thunderbird Falls (Eklutna)

Flattop Mountains of Glen Alps (Anchorage)

Mt. Baldy (Eagle River)

Municipality of Anchorage

Bicentennial Park, Campbell Creek Tract

Chest Creek Trail, Anchorage Greenbelt Trails

Tony Knowles Coastal Trail

Hawaii

**Born, raised, and recognized descendent of the aboriginal inhabitants of the Hawaiian Islands.*

**12-year resident*

**Hiked Diamond Head (Le'ahi) Summit Trail.*

Professional Service

Elected & Appointed Positions

2024 - 2026	Louisiana Association of Marriage and Family Therapy (LAMFT), Ethics Chair
2021 - 2023	Alaska Addictions Professional Association (AAPA), Alaska Chapter of NAADAC; Board Member
2013	UAF-UAA Doctoral Program in Clinical-Community Psychology, University of Alaska-Fairbanks & University of Alaska-Anchorage, Cultural Experience Steering Committee Member
2013 - 2014	National Society of Collegiate Scholars (NSCS), University of Alaska-Anchorage Chapter, Vice President of Community Service
2013	Psi Chi, The International Honor Society in Psychology, University of Alaska-Anchorage Chapter, Secretary

Committees

2021 - Present	Studio CE, Directing Board Member, Social Media
2013 - Present	Society for Information Technology and Teacher Education (SITE); Technology Leadership Committee Member , 2013 - Present; Conference Review Committee , 2013 - Present Graduate Student Network Committee Member , 2013 - 2021
2025	International Symposium on Embodied intelligence and Humanoid Robots 2025; Osaka, Japan; Technology Review Committee Member
2024 - 2025	The 15th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; Review Committee Member
2024	The 10th Global Webinar on Public Health, Conference Co-chair
2020 - 2024	Colorado Consortium for Prescription Drug Abuse Prevention, Recovery Work Group Member , Public Awareness Work Group Member
2023 - 2024	The 14th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; Review Committee Member

2023	The 7th Global Webinar on Public Health, Conference Co-chair
2022 - 2023	The 13th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; Review Committee Member
2022	The 4th Global Webinar on Public Health, Conference Co-chair
2022	The 3rd Global Webinar on Public Health, Organizing Committee Member
2021- 2022	The 12th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; Senior Peer Reviewer
2021	The 2nd Global Webinar on Public Health, Conference Co-chair
2013 - 2018	Multimedia Educational Resources for Learning and Online Teaching (MERLOT), Contributor
2017 - 2018	Iñisaġvik College, Office of the President, President's Cabinet Member
2017 - 2018	Iñisaġvik College, Department of Institutional Advancement, Technology Committee Co-Chair
2017 - 2018	Iñisaġvik College, Department of Institutional Advancement, Long-Term Facilities Master Planning Committee Member
2017	Iñisaġvik College, Department of Academic Affairs, Accreditation Committee Member
2016	North Slope Borough, Department of Health and Social Services, Children and Youth Services, CARF Accreditation Review Committee Member
2016	North Slope Borough, Department of Health and Social Services, Children and Youth Services, State Licensing Review Committee Member
2015 - 2018	University of Alaska Anchorage, Standing Scholarship Committee Member
Scholarship Panels	
2015 - 2018	UAA General Scholarship, University of Alaska Anchorage, Scholarship Reader

2014 - 2024 APIASF General Scholarship, Asian & Pacific Islander American Scholarship Fund, **Scholarship Reader**

Professional & Honor Societies

International

2013 - Present Psi Chi, The International Honor Society in Psychology, **Alumnus**, 2013 - Present; **Secretary**, 2013

2013 - 2018 Multimedia Educational Resources for Learning and Online Teaching (MERLOT), **Contributor**, 2013 - 2018; **Member**, 2013 - 2018

2013 Phi Theta Kappa International Honor Society, Beta Tau Delta Chapter, **Member**

1999 - 2008 The HTML Writers Guild (HWG), **Member**

1999 - 2008 International Webmasters Association (IWA), **Member**

1999 - 2008 The Institute of Electrical and Electronics Engineers (IEEE), **Student Member**

National

2016 - Present National Association for Alcoholism and Drug Abuse Counselors (NAADAC); **Board Member, Alaska chapter**, 2021 - 2023 **Professional Member**, 2016 - Present

2013 - Present Society for Information Technology and Teacher Education (SITE); **Technology Leadership Committee Member**, 2013 - Present; **Graduate Student Network Committee Member**, 2013 - 2021; **Student Member**, 2013 - 2021

2012 - 2024 National Society of Collegiate Scholars (NSCS); **Vice President of Community Service**, 2013 - 2014; **Member**, 2012 - 2024

2012 - Present American Psychological Association (APA), **Professional Member**, 2021 - Present **Student Affiliate**, 2012 - 2021

2012 - Present	Physicians Committee for Responsible Medicine (PCRM), Health Care Professional Member
2012 - Present	National Autism Association (NAA), Member
2012 - 2021	Gamma Beta Phi Society, National Community Service and Academic Honor Society, (1st Official) Member-At-Large
2013 - 2021	Association for Advancement of Computing in Education (AACE), Student Member
2013 - 2021	Intellectual and Developmental Disabilities Division of the American Psychological Association (Division 33), Student Member
Local	
2018 - Present	Colorado Association of Addiction Professionals (CAAP), Professional Member
2018 - Present	Society of Addiction Counselors of Colorado (SACC), Professional Member
2012 - Present	Mākaha Hawaiian Civic Club, Member of Hawaiian Ancestry
2012 - 2013	Alaska Native Community Advancement in Psychology (ANCAP), Member

Professional Development

Summary: *5,312 contact hours*

Leadership

2021, June	Billing Training: Professional Claims; Aurora, CO, US
2018, July	1st Annual American Indian Higher Education Consortium Tribal Colleges and Universities IT Directors Meeting; Chicago, IL, US
2017, Sept	3rd Annual Alliance Executive Leadership Summit; Denver, CO, US
2016, July	Change Management; North Slope Borough, Training & Development Division; Utqiaġvik, AK, US
2016, July	<i>Arctic Slope Regional Corporation (ASRC) Cultural Orientation;</i> Utqiaġvik, AK, US Alaska Statehood and the Impact of Alaska Native Claims Settlement Act (ANCSA) A Global Enterprise History of the Iñupiat People of the North Slope

Iñupiat Whaling & Subsistence	
2016, July	Iñupiat Values & Values Applied in the Business Environment A Journey of Rediscovery: Iñupiat-Maori Exchange 2005; North Slope Borough, Integrated Behavioral Services; Utqiaġvik, AK, US
2016, July	The Eskimo & the Whale; North Slope Borough, Integrated Behavioral Services; Utqiaġvik, AK, US
2016, July	History of Iñupiat: Nipaa Ilitqusipta, The Voice of Our Spirit; North Slope Borough School District, Alaska Native Education Program; Utqiaġvik, AK, US
2016, July	Project Chariot; North Slope Borough, Health Department; Utqiaġvik, AK, US
2016, July Utqiaġvik,	Amiġnikun, on Sewing Skin Boats; North Slope Borough; AK, US
2016, July	History of the Iñupiat (1961) Duck-in; North Slope Borough, Health Department; Utqiaġvik, AK, US
2015, May	NUKA System of Care Core Concepts; Nuka Institute, Southcentral Foundation; Anchorage, AK, US
2015, Jan	Civil Rights and Discrimination Complaint; State of Alaska, Department of Health & Social Services; Anchorage, AK, US
2014, Dec	A World of Difference: Exploring Intercultural Communication
2014, Oct	Networked Scholars; Royal Roads University; Vancouver, British Columbia, CA
2014, July	Aboriginal Kinship; University of Sydney, National Centre for Cultural Competence; Sydney, New South Wales, AU
2013, Mar	Best Practices in Online Science Education Symposium; University of Anchorage-Alaska; Anchorage, AK, US
2013, Jan	Content Management System (CMS) Training; Center for Human Development; Anchorage, AK, US
2012, Nov	ePortfolio Seminar; University of Alaska-Anchorage; Anchorage, AK, US

Chemical Dependency Counseling

2022, Oct	Effective Coping to Lessen Drug use
2022, Oct	Teen & College Binge Drinking
2022, Oct	Issues with Adolescent Compulsion: Screen Time
2021, Nov	HIPAA Training; Accountable HQ, Inc.
2021, Sept	<i>Cape Cod Addictive Disorders Symposium 2021; Hyannis, MA</i> Can You See Us? Providing Culturally Competent Treatment for Persons of Color Improving Treatment Outcome for Formerly Incarcerated Clients in SUD Treatment Buprenorphine maintenance: Is There an End-point or is it Life-long?

- Invisible Loyalties: Uncovering the Transgenerational Impact of Addiction
- Improving Successful Outcomes Through Implementing Measurement-Based Care
- Program-level Barriers to Addiction Treatment Initiation & Engagement: Cutting the Red Tape & Rolling out the Red Carpet
- Technology Enablement in Behavioral Health and Recovery
- Stages of Change for Co-Occurring Mental Health and Substance Use Conditions
- Stories of our Ancestors: Understanding the impact of culture, race and trauma on Addictions
- Group cognitive-behavioral therapy (CBT) for diverse addictive behaviors
- Current Drugs of Abuse: Recovery Strategies and Innovative Treatment
- Family-Focused Addiction Support Training: Working with Families Impacted by Substance Use Disorder
- Practicing Alcohol Moderation: A Harm Reduction Alternative to the Abstinence-Only Model
- Families, Trauma, & Addiction: Insights from Medical Family Therapy and Treatment of Chronic Disease
- Multiple Pathways To Recovery
- 2021, Apr Social Media Addiction; Studio CE
- 2021, Feb *Engaging in the Black Community: NAADAC Summit 2021; Alexandria, VA*
- A Rainbow Pipeline: The Earnest Impact on Addiction on Black LGBT+ Identifying Individuals
- Advocacy and Policy Reform for the Black Community
- Critical Issues in the Black Community
- Integrating Music into SUD Treatment for Resilience of the African American Client
- The Journey of the Black Helping Professional
- Untold Truths: Equity Solutions for the Black Community
- 2021, Feb Developmental Model of Recovery
- 2021, Feb Professional Practice; Colorado School for Family Therapy; Aurora, CO, US
- 2021, Feb *Fifth Annual Alaska Training Institute; Anchorage, AK, US*
- Trauma-Sensitive Relapse Prevention, part 2
- Trauma-Sensitive Relapse Prevention, part 3
- Clinical Supervision and Special Needs, part 1
- Clinical Supervision and Special Needs, part 2
- Clinical Supervision and Special Needs, part 3
- Building a Community of Support to Reduce Suicide

	Business Practices in a COVID-19 Environment
	Confidentiality Rule Changes and 42 CFR
	Developing a Telemental Health Business
	Trauma Informed Care Systems
	Pandemic, Economic Uncertainty, Compounding Natural Disasters, Political Turmoil Addressing the Rapidly Rising Behavioral Health Needs of Caregivers and Communities
2021, Jan	MFT Exam Preparation Class; Colorado School for Family Therapy; Aurora, CO, US
2020, Dec	NAADAC Exam Prep; Aurora, CO, US
2020, Nov	<i>Fifth Annual Alaska Training Institute</i> ; Anchorage, AK, US
	Welcome & Opening
	Keynote: State of Alaska
	Understanding the Elements of a Quality Assessment
	Understanding the Elements of a Quality Treatment Plan
	Understanding the Golden Thread from Assessment to Progress Notes
	Trauma-Sensitive Relapse Prevention, part 1
	Cultural Humility in Practice: Promoting an Inclusive Environment to Those We Serve
	Planning and Development of an Effective Tele-health Program in a MAT Setting
	Integrating ASAM Criteria into Practice
	Building Ethic into Practice
2020, Nov	Authentic Self-Care for Addiction Professionals
2020, Nov	Naloxone Training; takeACTION
2020, June	Clinical Supervision II; Denver CARES; Denver, CO, US
2020, May	Advanced Motivational Interviewing; Denver CARES; Denver, CO, US
2020, May	Clinical Supervision I; Denver CARES; Denver, CO, US
2020, Mar	Supervision Models and Competencies
2020, Mar	Clinical Supervision and Professional Development of the Counselor
2020, Mar	Clinical Supervision
2020, Mar	Ethics and Boundary Issues
2020, Mar	Confidentiality, Ethics, and HITECH Overview
2018, Dec	Documentation
2018, Dec	Pharmacology II; Denver CARES; Denver, CO, US
2018, Dec	Basic Pharmacology
2018, Dec	Cultural Humility: Clients in Five Current Generations
2018, Dec	Developing Cultural Humility: Seeing Ourselves in Others
2018, Dec	Providing Culturally Competent and Lesbian, Gay, Bisexual, and Transgender Affirmative Care

2018, Dec	Counseling Adolescent and Minority Clients with Substance Use Disorders
2018, Dec	Counseling African-Americans with Substance Use Disorders
2018, Dec	U.S. Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers
2018, Dec	Cultural Humility and Counseling Hispanic and Latino Populations
2017, Oct	Internet Addiction Disorder
2017, Oct	Ethics for Addictions Professionals
2017, Oct	Confidentiality
2016, Dec	Best Practices for an Online World
2016, Dec	Smarter Phones, Smarter Practice
2016, Oct	NAADAC Annual Conference, Minneapolis, MN, US
2016, June	Trauma Informed Care in Peer Support
2016, June	Cultural Competence in Mental Health and Addiction Recovery
2016, April	<i>National School Lunch Program; Alaska Department of Education & Early Development; Anchorage, AK, US</i>
	Child Nutrition: Offer vs Serve
	Child Nutrition: Meal Pattern Requirements
	Child Nutrition: Production Records
	Child Nutrition: Point of Service & Counting and Claiming
2016, Mar	Introduction to Peer Support
2016, Mar	Screening for Opioid Abuse
2016, Mar	Solution Focused Brief Therapy Master Course
2016, Jan	Gambling 101: An Introduction to Problem and Pathological Gambling; University of Cincinnati, College of Education, Center for Prevention Studies & Ohio Department of Mental Health & Addiction Services
2015, Dec	Increasing Our Knowledge Base for Competent Transgender Care and Treatment; University of Cincinnati, College of Education, Center for Prevention Studies & Ohio Department of Mental Health & Addiction Services
2015, Feb-Nov	<i>Regional Alcohol & Drug Abuse Counselor Training; Behavioral Health Training Institute; Anchorage, AK, US</i>
2015, Nov	Motivational Interviewing
2015, May	Infectious Disease and HIV/AIDS
2015, April	NAADAC Confidentiality
2015, April	NAADAC Ethics 1
2015, Feb	Introduction to Addictive Behavior

Behavioral & Mental Health

2022, Dec	Fundamentals and Ethics in Marriage and Family Therapy Supervision; AAMFT, Aurora, CO, US
2022, Oct	Addressing Ethical & Moral Dilemmas in Counseling
2022, Oct	Suicidality: Assessment & Treatment

2022, Oct	Teaching Clients with ADHD Mnemonics for Memory
2022, Oct	Trauma-informed Treatment for Domestic Violence Cases & Crisis Interventions: A Collaborative Model for Supervisors & Supervisees
2022, Oct	Telehealth Best Practices
2022, Oct	COVID Related Challenges in Mental Health Treatment
2021, Sept	<i>Bridging the Gap Symposium; Washington, DC, US</i>
2021, July	<i>2021 Suicide Prevention Summit; Los Angeles, CA, US</i>
	A Strengths-based Approach to Suicide Assessment and Treatment
	Addressing Youth Depression and Suicidal Ideation in a Post-Pandemic World
	Contemporary Clinical Suicide Prevention
	Creating a Suicide-safe Culture with Zero Suicide
	Innovation in Men's Mental Health: Using Humor, Media and Digital Engagement to Promote Mental Health and Prevent Suicide for High Risk Men
	Managing Hopelessness, Helplessness and Despair with our Younger Clients
	Perception is Everything: Stigma, Mental Health, & Suicide in Historically Marginalized Communities
	Planning for Safety and Post-traumatic Growth
	Psychosocial Interventions for Suicidal Youth and Their Families
	Rethinking Suicide: Implications for Military Personnel and Veterans
2021, July	LPC Clinical Supervision; Colorado School for Family Therapy; Aurora, CO, US
2021, Mar	Sexual and Domestic Violence in Compliance with Chapter 260; Department of Public Health, Commonwealth of Massachusetts; Boston, MA, US
2020, Sept	The Columbia-Suicide Severity Rating Scale
2018, Dec	Trauma Informed Care with Diverse Populations
2018, Dec	Ethics in an Online World
2018, Dec	Cultural Humility: Clients in Five Current Generations
2018, Dec	Developing Cultural Humility: Seeing Ourselves in Others
2018, Dec	Providing Culturally Competent and Lesbian, Gay, Bisexual, and Transgender Affirmative Care
2018, Dec	U.S. Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers
2018, Dec	Cultural Humility and Counseling Hispanic and Latino Populations
2018, Dec	HIV and Bloodborne Pathogens
	Session I: Introduction and Definitions
	Session II: Human Immunodeficiency Virus

Session III: Other Bloodborne Pathogens and Implications for Treatment	
2017, Oct	Internet Addiction Disorder
2017, Oct	Ethics for Addictions Professionals
2017, Oct	Confidentiality
2016, June	Cultural Competence in Mental Health and Addiction Recovery
2016, June	<i>Trauma-focused Cognitive Behavioral Therapy with Childhood Traumatic Grief; Medical University of South Carolina, National Crime Victims Research & Treatment Center</i>
	Adapting Cognitive Behavioral Therapy to Childhood Traumatic Grief
	Grief Psychoeducation
	Grieving and Ambivalent Feelings
	Preserving Positive Memories
	Redefining the Relationship
	Treatment Review
2016, June	<i>Trauma-focused Cognitive Behavioral Therapy; Medical University of South Carolina, National Crime Victims Research & Treatment Center</i>
	Psychoeducation
	Stress Management
	Affect Expression and Modulation
	Cognitive Coping
	Creating the Trauma Narrative
	Cognitive Processing
	Behavior Management Training
	Parent-Child Sessions
2015, July	Self-Injury Behaviour in Youth: Developing an Understanding; Crisis & Trauma Resource Institute Inc.
2014, July	Treating Patients with C.A.R.E.; Institute for Healthcare Communication, Southcentral Foundation Development Center; Anchorage, AK, US
2014, April	AIRS: Serving People with Mental Health Issues
2013, Oct	<i>AK Child & Family Provider Training; Anchorage, AK, US</i>
	Ethics, Boundaries & Self-Care
	Suicide Prevention
	Skill Teaching
	The Change Cycle
	Understanding Child Development
	Trauma-Informed Care and Services
	Exploring Culture
2013, June	Psychopathology of Children & Adolescents; University of Alaska-Anchorage; Anchorage, AK, US

2013, Jan	PACER's National Bullying Prevention Center: Bullying and Harassment of Students with Disabilities; Catholic Social Services; Anchorage, AK, US
2013, Jan	Personality; University of Alaska-Anchorage; Anchorage, AK, US
2012, Sept	Statistics for Psychology; University of Alaska-Anchorage; Anchorage, AK, US
2012, Sept	Statistics for Psychology Lab; University of Alaska-Anchorage; Anchorage, AK, US
2012, June	Abnormal Psychology; University of Alaska-Anchorage; Anchorage, AK, US
2012, June	Asperger's Syndrome; University of Alaska-Anchorage; Anchorage, AK, US
2012, June	Critical Behavioral Health Issues in Alaska; University of Alaska-Anchorage; Anchorage, AK, US
2012, Jan	Child Development; University of Alaska-Anchorage; Anchorage, AK, US

Autism Spectrum Disorders & Developmental Disability

2021, Sept	Dissemination of Behavior Analysis in a Small European Country
2021, Sept	The Importance of Pairing in ABA Programs
2021, Sept	Cultural Humility - Equity & Diversity in ABA
2021, Sept	Developing Individualized Manding Protocols
2021, Sept	Ethical and Practical Considerations in Planning for Transitioning to Adulthood for Individuals Diagnosed with ASD
2021, Sept	Ethical Issues in Standardizing Professional Decision-making
2021, Sept	Play with Purpose: Teaching Young Children to and Through Play
2021, Sept	Teaching Social Skills to Adolescents and Young Adults
2021, Sept	The Role of Kindness in Applied Behavior Analysis
2021, Sept	Using Technology to Enhance Effective and Efficient Supervision for BACB Supervisees
2021, Sept	Culturally Responsive Positive Behavior Support with Families of Diverse Linguistic and Cultural Backgrounds
2019, Sept	<i>International Symposium on Cognitive Research and Disorders (ISCRD); IBCCES University; Houston, TX, US</i>
	Autism the Essential Toolkit for Parenting And Child On The Autism Spectrum
	How Best to Prevent Special Education Litigation
	Inclusive Education for Preschool Learners with Autism: A Program Evaluation
	Insights from Living with Autism: Matching Intervention to Needs for Promote Lifelong Success
	Social Skills and Student Interaction
	Solving the Assessment Mystery of Autism
	The 3 A's of Autism

	The Cerebral Orchestra of Emotions: The Three Main Sub-Cortical Regions of Anxiety
	Universal Design for Learning (UDL)
	What Happens to Children With Disabilities When They Become Adults
2016, June	Autism Spectrum Disorder (ASD): Early Detection, Resilience and Growing into Adulthood; University of Calgary; Alberta, CA
2016, Mar	Bloodborne Pathogens
2015, Nov	<i>Autism Research Institute</i>
	Sleep Issues in ASD
	Technology Updates: Gadgets for ASD
	Think Twice - Appropriate Medical Support for ASD
	Autism or Autisms?
	Assessing and Treating Challenging Behaviors - Part 2
2015, Jun-Jul	<i>Summer Institute for Autism Research Series; International Society for Autism Research (INSAR) & Simons Foundation Autism Research Initiative</i>
	Session I: Brain Function & Structure
	Session II: Early Intervention/Pivotal Response Treatment
	Session III: Diagnosis & Identification
	Session IV: Autism Genetics
	Session V: Pharmacological Treatments
	Session VI: Animal Models
2015, Feb	Positive Reinforcement: It's That Important; The Johnson Center for Child Health and Development
2015, Feb	Facilitating Community "Think Tanks" for Teams on the Spectrum; Autism Research Institute
2014, Dec	<i>Autism Case Training, National Center on Birth Defects and Developmental Disabilities; Centers for Disease Control and Prevention</i>
	Part 1: Identifying
	Part 2: Diagnosing
	Part 3: Managing
2014, Dec	<i>Autism Spectrum Disorders: Research and Medical Treatment Implications Series; Cleveland Clinic & Autism Research Institute</i>
	Medical Comorbidities in Autism Spectrum Disorders
	Neurological Comorbidities in Autism Spectrum Disorders
	Gastrointestinal Comorbidities in Autism Spectrum Disorders
2014, Dec	Interpreter Training
2014, April	The Autistic Learning Disabilities Approach
2014, April	Psychological Assessment of ASD
2014, Jan	Assisting People with IDD in Choice Making
2013, July	Person Centered Planning for Individuals with DD
2013, July	Behavior Development for People with DD

2012, Dec	Evidence-Based Interventions in Augmentative and Alternative Communication (AAC) for ASD
2012, Dec	Training Caregivers to Implement Effective, Efficient, and Acceptable ABA Interventions with Children and Adults with Autism
2012, Dec	Making Evidence Meaningful
2012, Dec	Autism Research Update
2012, June	Treatment of Behavioral Health Problems for Individuals with ASD
2012, June	Nutrition & Exercise for Individuals with DD
2012, June	Interpreter Training
2012, Mar	Bloodborne Pathogens
2012, Jan	Autism Workshop; HOPE Community Services; Anchorage, AK, US
2011, Aug	<i>Autism Through the Lifespan Conference</i> ; Anchorage, AK, US
	Keynote Presentation
	Is there an App for that?
	Dealing with Challenging Behavior
	Preparing to Enter Adulthood
2011, April	Autism Spectrum Disorders
2011, April	Autism Spectrum Disorders: Separating the Data from the Myths
2011, April	Ways to Support Individuals with Autism
2011, Mar	Confidentiality and HIPAA
2011, Mar	Abuse
2011, Mar	Therapeutic Boundaries
2011, Mar	Sexual Harassment & Workplace Harassment
2011, Mar	Bloodborne Pathogens
Research	
2020, Aug	CITI Basic Course in the Protection of Human Research Subjects; Northcentral University; La Jolla, CA, US
2018, July	Northern Tier Network Consortium's Annual Conference; Chicago, IL, US
2018, Mar	CITI Basic Course in the Protection of Human Research Subjects; Northcentral University; San Diego, CA, US
2015, Oct	CITI Refresher Course in the Protection of Human Research Subjects; University of Alaska-Anchorage; Anchorage, AK, US
2013, Jan	Research Methods in Psychology; University of Alaska-Anchorage; Anchorage, AK, US
2013, Jan	Research Methods in Psychology Lab; University of Alaska-Anchorage; Anchorage, AK, US
2012, Nov	CITI Conflicts of Interest; University of Alaska-Anchorage; Anchorage, AK, US
2012, Nov	CITI Basic Course in the Protection of Human Research Subjects; University of Alaska-Anchorage; Anchorage, AK, US

References

Clinical

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