

**Ezra N. S. Lockhart,**  
**Ph.D., MHlthSc(DD), LMFT-S, LAC, MAC, ACS, CDCS**

**Position(s):****Private Sector**Clinical Supervisor (US: AK, CO, HI, LA)**Academia**Associate Professor, Marriage & Family Therapy, [National University](#), US  
Distinguished Professor, [University of Digital and AI Management](#), US**Board/Committee**Ethics Chair, [Louisiana Association of Marriage & Family Therapy](#)Directing Board Member, Social Media, [Studio CE](#) (formerly  
Massachusetts Mental Health Counselors Continuing Education  
Institute LLC)Editorial Review Board Member, [International Journal of Qualitative  
Methods](#)Minority Fellowship Program Mentor, National Board of Certified  
Counselors (NBCC) Foundation, NAADAC, & Foundation for the  
Advancement of Human Systems (FAHS)Mentor, Native Forward Scholars Fund (formerly Rising Native  
Graduates and the American Indian Graduate Center)**Contact Information**

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+1 888 201 0547

**eMail:**[enslockhart@gmail.com](mailto:enslockhart@gmail.com) / [elockhart@nu.edu](mailto:elockhart@nu.edu)**ORCID:**<https://orcid.org/0000-0002-4435-9053>**Web of Science:**<https://tinyurl.com/ABP-7337-2022>**LinkedIn:**<https://www.linkedin.com/in/ezralockhart>**Executive Summary**

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Ezra N. S. Lockhart is a licensed Marriage and Family Therapist, clinical supervisor, and transdisciplinary scholar with expertise spanning psychotherapy, AI/ML, and cybernetics. His scholarship focuses on the impact of technology-mediated experiences on human life and structural inequalities. With an academic career that defies convention, Dr. Lockhart has achieved over 150 publications since 2016 with contributions extending to numerous leadership and governance roles in international academic forums and ethics committees.

**Key Metrics & Expertise**

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Metric	Details
Total Publications	152 total (65 refereed periodicals, 21 books/chapters, and 9 government reports)
Grants Awarded	8 awards totaling over \$800,000, primarily in health and technology infrastructure
License/Certification	20+ credentials including LMFT, LAC, MAC, and ACS; licensed in multiple states
Reviewer Activity	A fecund peer reviewer for <i>Digital Health</i> , <i>Journal of Autism and Developmental Disorders</i> , and <i>The Journal of Behavioral Health Services &amp; Research</i>
Technical Expertise	Certified in Microsoft (MCSE) and Cisco (CCNA) systems, with proficiency in multiple programming languages (HTML, CSS, Java, C++, etc.)

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**Education**

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2021	PhD	<p><b>Doctor of Philosophy, Psychology</b>  <b>Specialization:</b> Addictions                      Northcentral University, School of Social and Behavioral Sciences,                      Department of Psychology                      San Diego, CA, US  <b>Dissertation:</b> <i>The lived experiences of adult massive multi-user                      online role-playing game (MMORPG) players: A descriptive,                      pre-transcendental, psychological phenomenological investigation                      of problematic online gaming behaviors</i>  <b>Committee:</b> Prof. Daimon Veráce, PhD (chair); Prof. Joel B. Goodin                      (subject matter expert); Assoc. Prof. Maria A. Rodriguez, PhD                      (academic reader)  <i>*Dissertation of the Year Finalist</i>  <i>*Poster Presentation of the Year Finalist</i></p>
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- 2020 post-master's **post-master's degree, Marriage and Family Therapy**  
Colorado School for Family Therapy  
Aurora, CO, US
- 2019 **graduate coursework (15 credits), Statistics**  
Statistics I; Statistics II; Quantitative Research Design; Tests & Measurements; Statistics for Clinical Research (University of Sydney)
- 2017 MA **Master of Arts, Psychology**  
**Specialization:** General Psychology  
Northcentral University, School of Social and Behavioral Sciences,  
Department of Psychology  
San Diego, CA, US  
**Thesis:** *Computer-based social-emotional skills interventions for school-aged children with autism spectrum disorder: An evaluation of affordability*
- 2015 MHIthSc(DD) **Master of Health Science, Developmental Disability**  
University of Sydney, Faculty of Health Sciences  
Darlington, NSW, AU  
**Honors:** *1st US citizen admitted & awarded degree*  
**Dissertation:** *Computer-based social and emotional skills interventions for individuals with autism spectrum disorders: A systematic review and recommendations for future research*  
**Committee:** Prof. Roger Stancliffe, PhD, FAAIDD, FIASSID (chair);  
Prof. Stewart Einfeld, MD, PhD, FRANZCP, MRACMA (assessor);  
Emeritus Prof. Patricia Howlin, PhD, King's College London (advisor)
- 2015 **Regional Alcohol & Drug Abuse Counselor Training (RADACT)**  
Behavioral Health Training Institute  
Anchorage, AK, US  
*\*Chemical Dependency Clinical Supervisor (CDCS), 2020-2027*  
*\*National Certified Addiction Counselor, Level 1 (NCAC I), 2016 - 2018;*  
*\*Chemical Dependency Counselor, Level 1 (CDC I), 2016 - 2020;*  
*\*Chemical Dependency Counselor Technician (CT), 2015 - 2017*
- 2013 **undergraduate coursework (34 credits), Psychology**  
University of Alaska-Anchorage, College of Arts & Sciences  
Anchorage, AK, US
- 2013 AAS **Associates of Applied Science, Human Services**

**Emphasis:** General Human Services  
University of Alaska-Anchorage, College of Health  
Anchorage, AK, US  
**Honors:** *cum laude*

**Licenses & Certifications**

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**Health and Human Services**

***International***

2014 - 2025 International Board of Credentialing and Continuing Education Standards (IBCCES),  
**Advanced Certified Autism Specialist (CAS)**, ID# ACAS2149828, 2021 - 2025  
**Certified Autism Specialist (CAS)**, ID# CAS147065, 2016 - 2021  
*\*May 2016 Featured Certified Autism Specialist*  
*\*1st Alaska resident awarded*  
**Autism Certificate (AC)**, ID# AC147065, 2014 - 2016  
*\*1st Alaska resident awarded*

***National***

2022 - 2027 American Association of Marriage and Family Therapy (AAMFT),  
**Approved Supervisor**, 2022 - 2027;  
**Clinical Fellow**, 2022 - 2027

2022 - 2027 National Board of Certified Counselors (NBCC),  
**Approved Clinical Supervisor (ACS)**

2016 - 2027 National Association for Alcoholism and Drug Abuse Counselors (NAADAC),  
**Master Addiction Counselor (MAC)**, 2021 - 2025;  
**National Certified Addiction Counselor, Level 1 (NCAC I)**, 2016 - 2021

2014 - 2016 Therapeutic Options, Inc.,  
**Therapeutic Options Instructor**, 2015 - 2016;  
**Therapeutic Options Certificate**, 2014 - 2016

2013 - 2017 The Mandt System, **Mandt System Certificate**

2012 - 2013 CPI, **Nonviolent Crisis Intervention: Blue Card**

Recurrent American Red Cross, **Adult and Pediatric First Aid/CPR/AED**

***State***

2024 - 2028 State of Alaska, Department of Commerce, Community, and

- Economic Development, Division of Corporations, Business and Professional Licensing, Board of Marital and Family Therapy; **Licensed Marriage and Family Therapist (LMFT)**
- 2023 - 2028 State of Hawaii, Department of Commerce and Consumer Affairs, Professional and Vocational Licensing Division, Marriage and Family Therapist Program; **Licensed Marriage and Family Therapist (LMFT)**
- 2023 - 2028 Louisiana State, Department of Health and Bureau of Health Services Financing, Licensed Professional Counselors Board of Examiners; **Licensed Marriage and Family Therapist (LMFT)**
- 2021 Colorado School for Family Therapy, **Certified Clinical Supervisor (CCS)**
- 2020 - 2022 Commonwealth of Massachusetts, Executive Office of Health and Human Services, Department of Public Health Bureau of Health Professions Licensure, Board of Registration of Allied Mental Health and Human Services; **Temp Licensed Mental Health Counselor (LMHC)**
- 2018 - 2027 Colorado State, Department of Regulatory Agencies, Division of Professions and Occupations; **Licensed Marriage and Family Therapist (LMFT)**, 2022 - 2027; **Marriage and Family Therapist Candidate (MFTC)**, 2021 - 2022; **Licensed Addiction Counselor (LAC)**, 2021 - 2027; **Certified Addiction Counselor, Level 2 (CAC II)**, 2020 - 2021; **Registered Psychotherapist**, 2018 - 2020
- 2015 - 2027 State of Alaska, Alaska Commission of Behavioral Health Certification; **Chemical Dependency Clinical Supervisor (CDCS)**, 2020 - 2027; **Chemical Dependency Counselor, Level 1 (CDC I)**, 2016 - 2020; **Chemical Dependency Counselor Technician (CT)**, 2015 - 2017
- 2012 - 2024 Institutional Review Board, **Collaborative Institutional Training Initiative (CITI)**,  
Northcentral University  
University of Alaska Anchorage
- 2011 - 2019 State of Alaska, Alaska Department of Health, Senior and Disabilities Services, Personal Care Services Program, **Personal Care Assistant (PCA)**

**Information Technology**

***National***

2013

W3Schools,

**Certified CSS Developer: Excellency Degree,**

**Certified HTML Developer: Excellency Degree**

2002 - Current

Microsoft Corporation,

**Microsoft Certified Systems Engineer (MCSE), MCP ID# 2712893;**

\*Exam 70-210: Installing, Configuring, and Administering  
Microsoft Windows 2000 Professional

\*Exam 70-215: Installing, Configuring, and Administering  
Microsoft Windows 2000 Server

\*Exam 70-216: Implementing and Administering a Microsoft  
Windows 2000 Network Infrastructure

\*Exam 70-217: Implementing and Administering a Microsoft  
Windows 2000 Directory Services Infrastructure

\*Exam 70-219: Designing a Microsoft Windows 2000 Directory  
Services Infrastructure

\*Exam 70-224: Installing, Configuring, and Administering  
Microsoft Exchange 2000 Server

\*Exam 70-227: Installing, Configuring, and Administering  
Microsoft Internet Security and Acceleration (ISA) Server 2000  
Enterprise Edition

**Microsoft Certified Systems Administrator (MCSA),**

MCP ID# 2712893;

**Microsoft Certified Professional (MCP), MCP ID# 2712893**

2001 - 2005

Cisco Systems,

**Cisco Certified Design Associate (CCDA), Cisco ID#**

CSCO10014664;

**Cisco Certified Network Associate (CCNA), Cisco ID#**

CSCO10014664

2001

Brainbench,

**Network Technical Support,**

**Microsoft Windows 95 Administration,**

**Computer Fundamentals: Win95/98**

1997 - 2002

Novell, **Certified Novell Associate (CNA)**

## Positions

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### Academic

- 2026, Mar - Present University of Digital and AI Management (UniDAIM),  
Department of AI & Data Science; Dover, Delaware, US;  
**Distinguished Professor of AI Ethics and Cybernetics (Honorary)**
- 2024, Oct - Present National University, JFK School of Psychology and Social Sciences,  
Department Social & Behavioral Sciences; San Diego, CA, US;  
**Associate Professor, Marriage and Family Therapy**
- 2020, Dec - 2024, Dec Colorado School for Family Therapy; Aurora, CO, US;  
**Adjunct Faculty**
- 2021, Aug - 2023, Mar Yorkville University; Fredericton, NB, CA; **Adjunct Professor**
- 2018, Jul - 2021, Dec Iḷisaġvik College, Academic Affairs; Utqiaġvik, AK, US;  
**Adjunct Faculty**
- 2013, Oct - 2013, May University of Alaska-Anchorage, Center for Human Development;  
Anchorage, AK, US; **Research Assistant**, 2013 Spr
- 2012, Jan - 2013, May University of Alaska-Anchorage, Department of Psychology,  
Clinical and Applied Biofeedback and Psychophysiology Lab;  
Anchorage, AK, US; **Research Assistant**, 2012 - 2013
- 2012, Oct - 2013, May University of Alaska-Anchorage, Department of Psychology;  
Anchorage, AK, US; **eLearning Teaching Assistant**, 2012 - 2013

### Professional

#### *Health and Human Services*

- 2018, Dec - Present Easy Does It Counseling, Private Practice; Colorado, Louisiana, &  
Hawaii, US;  
**Licensed Marriage and Family Therapist**, 2022 - Present  
**Licensed Addiction Counselor**, 2020 - Present  
**Clinical Supervisor**, 2018 - Present  
**Licensed Mental Health Counselor**, 2020 - 2022  
**Registered Psychotherapist**, 2018 - 2020
- 2019, Apr - 2020, Sep Rocky Mountain Crisis Partners; Denver, CO, US;  
**Substance Use Response Coordinator**, 2020  
**Crisis Systems Program Manager**, 2020  
**Crisis Line Supervisor**, 2019 - 2020  
**Crisis Clinician**, 2019

2016, Jul - 2016, Oct	North Slope Borough; Department of Health & Social Services, Behavioral Health Division, Children & Youth Services; Utqiaġvik, AK, US; <b>Residential Manager</b>
2014, Jul - 2016, Jul	Southcentral Foundation, The Pathway Home; Anchorage, AK, US; <b>Supervisor, Clinical Associates-Residential</b> , 2015 - 2016; <b>Clinical Associate II</b> , 2014 - 2015
2014, Jun - 2014, Dec	Charlie Elder House; Anchorage, AK, US; <b>Shift Monitor</b>
2012, Aug - 2014, Apr	Reliance Care; Anchorage, AK, US; <b>Personal Care Assistant</b>
2011, Feb - 2014, Jan	Providence Pediatric Neurodevelopment Clinic; Anchorage, AK, US; <b>Direct Service Provider</b>
2011, Feb - 2016, Jul	Catholic Social Services, Family Disability Services; Anchorage, AK US; <b>Direct Service Provider</b>
2010, Jul - 2011, Jul	Hearts & Hands of Care; Anchorage, AK, US; <b>Human Resources Manager</b> , 2010 - 2011; <b>Personal Care Assistant (PCA)</b> , 2010 - 2011
2004, Jan - 2008, Dec	ReadyCare; Anchorage, AK, US; <b>Respite Provider</b> , 2004 - 2008; <b>Chore Provider</b> , 2004 - 2008
<b>Information Technology</b>	
2021, Apr - Present	Studio CE; Arlington, MA, US; <b>Director, Social Media</b>
2017, Jun - 2018, Nov	Iḷisaġvik College, Information Technology Department; Utqiaġvik, AK, US; <b>Director, Information Technology</b>
2016, Dec - 2017, Jun	North Slope Borough School District, Information Technology Department; Utqiaġvik, AK, US; <b>Wide Area Network (WAN) Administrator III</b>
2004, Aug - 2005, Sep	Alaska Native Tribal Health Consortium (ANTHC), Alaska Federal Health Care Access Network (AFHCAN) Telehealth; Anchorage, AK, US; <b>Wide Area Network (WAN) Specialist</b>
2000, Jan - 2004, Aug	North Slope Borough, Department of Administration & Finance, Division of Information & Communication (Infocomm); Utqiaġvik, AK, US;

**PC/LAN Engineer**, 2001 - 2004;  
**PC/LAN Technician II**, 2000 - 2001

1997, Jan - 1999, Aug      General Communications Inc. (GCI); Anchorage, AK, US;  
**Network Analyst I**, 1998 - 1999;  
**SchoolAccess Technical Representative**, 1998;  
**SchoolZone Technical Representative**, 1997 - 1998;

1997, Jan - 1997, Dec      Astrolabe Systems, Inc.; Anchorage, AK, US; **Intern**

**Consulting Experience**

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2025 - 2026      **Invited Expert Evaluator, Metascience Novelty Indicators Challenge**  
 Metascience Unit (UK Department for Science, Innovation and Technology & UKRI) and University of Sussex  
 Falmer, Brighton, UK  
*Contributed to a "gold standard" expert dataset used to validate global indicators for scientific progress, research evaluation, and the development of AI-driven metascience tools for UK government policy*

2024, Aug      **Case Contributor, The ASAM Criteria, 4th ed. Adolescent Volume**, American Society of Addiction Medicine (ASAM); Milwaukee, WI, US  
*Composed published case examples for level 2.1Y, intensive home and community based treatment plus residential recovery, and level 2.5Y high intensity home and community based treatment co-occurring enhanced*

2020, Jun - 2026, Jun      **Expert Witness**, Expert Institute; Milwaukee, WI, US  
 10/2025 Case #O-308940 Resid Treat Fac Admin  
 07/2025 Case #O-298343 Ther Board Sch  
 06/2025 Case #O-293554 Alcohol Rehab Ctr Admin  
 06/2025 Case #O-294598 Chem Depend Couns  
 04/2025 Case #O-288068 Fam Mar Couns  
 11/2024 Case #O-272774 Fam Mar Couns  
 04/2024 Case #O-246881 Ther Fac Admin  
 03/2023 Case #O-201902 Hosp Emerg Dept  
 12/2022 Case #O-191892 Ther Sch Admin  
 11/2022 Case #O-188675 Home Comp Agcy Admin  
 02/2022 Case #O-148152 Addict Treat Fac Admin  
 02/2022 Case #O-146431 Behav Health  
 01/2022 Case #O-140226 Resid Treat Fac Admin

- 09/2021 Case #O-129744 Addict Prog Pain Treat  
 08/2021 Case #O-128377 Resid Treat Fac Admin  
 07/2021 Case #O-125301 Addict Psych  
 09/2020 Case #O-098155 Resid Treat Fac Admin  
 07/2020 Case #O-093265 Addict Treat Fac Admin
- 2020 - Present      **Grant Reviewer**, Substance Abuse and Mental Health Services Administration (SAMHSA); Rockville, Maryland, US  
*Evaluate applications for discretionary grants*
- 2016 - 2018      **Wide Area Network Administrator**,  
 Information Technology Department, North Slope Borough School District; Utqiaġvik, AK, US  
*Drafted for board review the first Student Security policy encompassing CCTV surveillance guidelines, procedures, technology, training, and audit; drafted for board review a technology procurement proposal (\$400k) for two (2) school and the Inupiat Learning Teacher program and libraries in seven (7) schools; first installation and deployment of SCCM 2012; Microsoft 2008 R2 and 2012 Active Directory enterprise-wide server and workstation local administrator password change, and organizational unit scheme redesign; management solution, optimization, and upgrade for enterprise deployed uninterrupted power supplies; performance monitoring and optimization of virtual server and network environment; Exchange server administration and monitoring that included the coding of a custom PowerShell script that generates a daily health check report that is routinely sent out in an HTML email; SOP user inactivity audit resulting in disabling of 645 users and removal of over 1,600 inactive users; resolution of major authentication error involving PDC GTIMESERV; p to v conversation of legacy servers; and escalated support of Microsoft Windows 7, 8, and 10 workstation operating systems and various workstation software.*
- 2014      **Subject Matter Expert, Intellectual & Developmental Disabilities**;  
 Relias Learning; Cary, NC, US  
*Sole authorship of continuing education courses*
- 2013 - 2014      **Medicaid Provider Agency Startup**, Outreach Residential Care Helping Individuals with Disabilities (ORCHID); Anchorage, AK, US  
*Business plan, technical writing, Medicaid policy advisement, electronic health records system design*

- 2012 **Alaska's Automated Information Management System (AKAIMS) Billing Data Entry**, Mental Health Services, Hope Community Resources; Anchorage, AK, US  
*Emergency processing of over 14,000 billable account entries surpassing \$1.5mil*
- 2010 - 2011 **Technical Support Service Contract**, Hearts & Hands of Care; Anchorage, AK, US  
*Three 6-month service contracts to upgrade and maintain agency-wide desktop (6), printer (4) and workgroup network*
- 2005 **Public Works Project**, Capital Improvement Program Management, North Slope Borough; Utqiaġvik, AK, US  
*Layer 2 switch infrastructure design*

### Clinical Experience

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- 2018, Dec - Present **Private Practice**, Easy Does It Counseling; Multiple States, US;  
*Providing clinical supervision, case consultation, and addiction counseling both in-person and virtually. Overseeing operations, managing contracts, and ensuring high standards of clinical care and strategic direction.*
- 2021, Mar - 2024, Mar **Senior Therapist**, Start Talking; Aurora, CO, US;  
*Employee assistance program: Screening, Brief Intervention and Referral to Treatment (SBIRT), solution-focused brief therapy (SFBT), and individual therapy.*
- 2022, Jun - 2023, Jan **Clinical Supervisor**, Asher Behavioral Care, Aurora, CO, US;  
*Virtual practice start-up support, staff training, and small caseload. Practice closed in 2023.*
- 2021, Jan - 2023, Jan **Telehealth Therapist**, Brightside; Denver, CO, US;  
**Supervisor:** Dr. Erin O'Callaghan, LCP  
*Online counseling for depression and anxiety.*
- 2021, May - 2022, Nov **Clinical Supervisor**, Cerebral; Denver, CO, US;  
**Supervisor:** Michelle Miller, MA, LPCC-S  
*Providing clinical supervision and case consultation virtually.*
- 2020, Nov - 2022, Jan **Recovery Counselor**, Workit Health; Anchorage, AK, US;  
**Supervisor:** Dr. Sherrie Rager, CADC II  
*Virtual medically assisted treatment/recovery model; office-based opioid treatment and the Sinclair Method model for alcohol use*

- disorder; sole counselor responsible for intake, screening, assessment, ASAM scoring and crosswalk, documentation, individual and group therapy.*
- 2020, Nov - 2022, Jan      **Counselor**, Workit Health; Alaska and Washington, US;  
**Supervisor:** Dr. Sherrie Rager, CADC II  
*Online counseling for alcohol moderation, eating disorders, cannabis and tobacco cessation, stress management, and ADHD.*
- 2020, Nov - 2022, Sep      **LAC and MFTC Internship**, Colorado School for Family Therapy; Aurora, CO, US;  
**Supervisor:** Dr. Reo Leslie Jr., LMFT, LPC, LAC, RPT-S, MAC  
*Internship hours towards licensed addiction counselor and licensed marriage and family therapist in MAT setting.*
- 2020, Mar - 2020, Sep      **Crisis Systems Program Manager**, Rocky Mountain Crisis Partners; Denver, CO, US;  
**Supervisor:** Cheri Skelding, MSW, LCSW  
*Provided clinical supervision and client consultation for 4 clinical supervisors; operational protocol developmental, implementation, and program evaluation for telephonic crisis management and online emotional support chat- and text-based services*
- 2019, Jun - 2020, Mar      **Crisis Line Supervisor**, Rocky Mountain Crisis Partners; Denver, CO, US;  
**Supervisor:** Cheri Skelding, MSW, LCSW  
*Provided clinical supervision, client consultation, and operational oversight for an average of 15 crisis counselors and 63 crisis counselors total*
- 2019, April - 2019, Aug      **Crisis Clinician**, Rocky Mountain Crisis Partners; Denver, CO, US;  
**Supervisor:** Brendan East, MSW, LCSW  
*Provided suicide, homicide, and substance use screening, assessment, and counseling averaging 22 full suicide assessments per day*
- 2016, Jul - 2016, Oct      **Residential Manager**, Children & Youth Services, Behavioral Health Division, Department of Health & Social Services, North Slope Borough; Utqiaġvik, AK, US;  
**Supervisor:** Elizabeth Madsen, MS, LPC  
*Provided clinical and residential supervision for 15 direct service professionals and state designated Associate Administrator*
- 2015, Jun - 2016, Jul      **Supervisor, Clinical Associates-Residential**, The Pathway Home,

- Southcentral Foundation; Anchorage, AK, US;  
**Supervisor:** Martha Ellington, PhD  
*Provided clinical and residential supervision of 13 direct service professionals and state designated Associate Administrator*
- 2014, Jul - 2015, Jun      **Clinical Associate II**, The Pathway Home, Southcentral Foundation; Anchorage, AK, US;  
**Supervisor:** Dennis Good  
*Milieu Therapy, Individual/Group Therapy, and Recreational Therapy directed at indigenous male youth coping with Severe Emotion Disturbances and Personality Disorders*
- 2012, Sep - 2013, May      **Associates Practicum**, Discovery Center, Hope Community Resources; Anchorage, AK, US;  
**Supervisor(s):** Julie Mettler, MA & Matthew L. Gallatin, MA  
*Applied Behavior Analysis (ABA) Individual/Group Therapy, Art Therapy and Music Therapy emphasizing application to children and young adults living with a developmental disorder*
- 2011, Feb - 2014, Jan      **Direct Service Provider**, Providence Pediatric Neurodevelopment Clinic, Catholic Social Services & Providence Children's Hospital; Anchorage, AK, US;  
**Supervisor:** Ron Brennan, MD  
*Applied Behavior Analysis (ABA) Individual Therapy emphasizing application to children who experience developmental delays and/or conditions such as autism, prenatal alcohol/drug exposure, cerebral palsy or other neuromotor delays*

### Teaching & Mentoring Experience

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#### Teaching

- 2025, Mar - Present      **Associate Professor**, National University, CA, US;  
**Supervisor:** Mark B. White, PhD, LMFT  
*University clinical supervisor for marriage and family therapist master's and doctoral graduate programs*  
**Practicum I, II, III; Internship I, II, III; Capstone**
- 2020, Dec - 2024, Dec      **Adjunct Faculty**, Colorado School for Family Therapy, CO, US;  
**Supervisor:** Dr. Reo Leslie Jr., LMFT, LPC, LAC, RPT-S, MAC  
*Addiction counselor and national examination preparation course instruction*  
**CAC Co-Occurring Disorders**, 13 students, 28 hours, 2022  
**Certified Clinical Supervisor Training**, 25 students, 45 hours, 2021  
**LPC Supervision**, 197 students, 21 hours, 2021

- 2021, Aug - 2023, Mar      **Adjunct Professor**, Yorkville University, NB, CA;  
**Supervisor:** Dr. Sarah Stewart-Spencer, LPC, LMHC, NCC, CH  
*Graduate-level counseling and psychometric testing courses*  
**Cultural Diversity in Counselling,**  
20 graduate students, 3 credits, 2023 Winter;  
**Practicum I,**  
20 graduate students, 3 credits, 2022 Spring;  
**Couples and Family Systems,**  
19 graduate students, 3 credits, 2022 Spring;  
**Assessment in Counselling,**  
18 graduate students, 3 credits, 2022 Spring;  
**Research Methods,**  
18 graduate students, 3 credits, 2022 Spring;  
**Cultural Diversity in Counselling,**  
19 graduate students, 3 credits, 2022 Spring;  
**Group Counselling,**  
30 graduate students, 3 credits, 2022 Spring;  
**Crisis and Trauma Counselling,**  
40 graduate students, 3 credits, 2022 Winter;  
**Addictions Counselling,**  
18 graduate students, 3 credits, 2022 Winter;  
**Group Counselling,**  
45 graduate students, 3 credits, 2022 Winter;  
**Crisis and Trauma Counselling,**  
22 graduate students, 3 credits, 2022 Winter;  
**Cultural Diversity in Counselling,**  
39 graduate students, 3 credits, 2022 Winter;  
**Research Methodology,**  
34 graduate students, 3 credits, 2021 Fall;  
**A Biopsychosocial Approach to Counselling,**  
17 graduate students, 4 credits, 2021 Fall;
- 2017, Jun - 2019, Jan      **Adjunct Faculty**, Iñisaġvik College, AK, US;  
**Supervisor:** Dr. Birgit Meany  
**Intro. Health Info. Management,**  
4 undergraduate students, 3 credit, (no ratings in the course)  
**Intro. Health Info. Management,**  
course redesign, (no ratings in this course)
- 2015, Sep - 2016, Jul      **Therapeutic Options**, Southcentral Foundation, AK, US;  
**Supervisor:** Tiffany Guinn, MA  
*Two-day initial training and 6-hour recertification sessions that included theoretical underpinnings, verbal de-escalation*

*techniques, and physical therapeutic hold techniques*

2012, Oct - 2013, May      **eLearning Teaching Assistant**, University of Alaska-Anchorage;  
**Supervisor:** Dr. Bruno M. Kappes  
**Psychological Reactions to Catastrophic Events**,  
 course redesign, (no TA ratings in this course), 2013 Spr;  
**Psychology of Stress and Coping**,  
 course redesign, (no TA ratings in this course), 2013 Spr;  
*Self-initiated creation of an APA version 6 workshop module in  
 6 courses; update course material with recent topic examples,  
 websites and activities*  
**Psychology of Stress and Coping**,  
 48 undergraduate students, 3 credits,  
 (Rating: 6.63/7.00), 2012 Fall;  
*Reviewed, verified sources, graded, and provided feedback for  
 each student's 4 required weekly posts (wkly avg: 190 posts); met  
 with students during office hours (physical and virtual); responded  
 promptly to technical and course questions; attended weekly TA  
 meetings directed by instructor of record to review courses,  
 resolve  
 technical issues and improve instruction*

2011, Jan - 2012, Dec      **Autism Tutor**, Private,  
*Provided supplemental instruction, formal structured time  
 management, course advisement, coordinated support services  
 between Disability Support Services (DSS) and the student for a  
 pupil living with Asperger's Syndrome*

2011, Jan - 2012, Dec      **Tutor**, Private,  
*Taught APA formatting workshops; tutored students in the  
 following courses: Statistics for Psychology lecture and lab, History  
 of the United States I and II, Natives of Alaska (Ethnohistory),  
 Computer Concepts in Business, and Introduction to Justice*

### **Mentorship, Student, & Clinical Supervision**

2025, Mar - Present      **Graduate Capstone Supervision & Evaluation**; *National University  
 Serve as primary evaluator and supervisor for Marriage and  
 Family Therapy capstone projects at both the Master of Arts and  
 Doctorate levels. Also serve as co-evaluator on projects supervised  
 by other faculty.*  
**Capstone Supervisor & Primary Evaluator**  
 McKenna Freund, MAMFT: Emotionally Focused Couples Therapy,  
 2026-01-13;  
 Darianne Mitchell, MAMFT: Structural Family Therapy,

2025-09-09;  
 Jordan Zachow, MAMFT: Emotion-Focused Therapy, 2025-09-02;  
 Jackia Freeman, MAMFT: Solution-Focused Brief Therapy,  
 2025-08-20;  
 Kaitlyn Ikeda, MAMFT: Solution-Focused Brief Therapy,  
 2025-08-13  
 Gia Singh, MAMFT: Cognitive Behavioral Family Therapy,  
 2025-08-06  
 Crystal Lepe, MAMFT: Solution-Focused Brief Therapy, 2025-07-15  
 Amanda Koman, MAMFT: Narrative Therapy, 2025-07-09  
 Dominique Cole, MAMFT: Bowen Family Systems Theory,  
 2025-06-25  
 Katrina Williamson, MAMFT: Solution-Focused Brief Therapy,  
 2025-06-11  
 Latricia Irvine, MAMFT: Narrative Therapy, 2025-06-04  
 Kelisha Velarde, MAMFT: Narrative Therapy, 2025-05-14  
 Selinette Robles, MAMFT: Cognitive Behavioral Family Therapy,  
 2025-04-02  
**Co-Evaluator**  
 Shannon Chung, MAMFT: Solution-Focused Brief Therapy,  
 2026-03-06;  
 Kate Brunskill, MAMFT: Collaborative Language Systems,  
 2026-02-13;  
 Elizabeth Rice, MAMFT: Emotionally Focused Couples Therapy,  
 2026-01-28;  
 Olivia Fields, MAMFT: Structural Family Therapy, 2026-01-09;  
 Amber Childs, MAMFT: Experiential Family Therapy, 2025-09-12;  
 Heather Kilway, MAMFT: Narrative Therapy, 2025-06-27;  
 Calista Bower, MAMFT: Solution-Focused Brief Therapy,  
 2025-06-25;  
 Rivka Shear, MAMFT: Structural Family Therapy, 2025-06-09;  
 Jamesha Mann, MAMFT: Cognitive Behavioral Family Therapy,  
 2025-06-06;  
 Lexie Harder, MAMFT: Solution-Focused Brief Therapy,  
 2025-05-29;  
 Y. Dominique Oscar, MAMFT: Bowen Family Systems Theory,  
 2025-05-22;  
 Janae Otis, MAMFT: Emotion-Focused Therapy, 2025-05-21;  
 Bethany Gaddis, MAMFT: Collaborative Language Systems,  
 2025-05-16;  
 Seth Gelman, MAMFT: Bowen Family Systems Theory, 2025-05-15;  
 Sarah Rich, MAMFT: Internal Family Systems, 2025-03-24;

2024, Spr - Present

**Practicants and Interns; *Easy Does It Counseling***

*(7 practicants and interns)*

Kayla Morales (Mental Health Counseling), Adams State University, practicum & internship, 2025 Spr–2026 Fall;

Brittany Brzek (Mental Health Counseling), Adams State University,

practicum & internship, 2025 Spr–2026 Fall;

Mary Baja (Counseling Psychology, emphasis in Mental Health Counseling), Chaminade University of Honolulu, practicum, 2024 Fall

Sam Hatzathanasiou (Mental Health Counseling), Adams State University, practicum & internship, 2024 Spr–2025 Spr

2020, Mar - Present

**State Board of Licensed Professional Counselor Examiners;**

Colorado, US *(15 clinical supervisees)*

Lily Anne Williams, LPCC.0021258

Lisa Clay, LPCC.0021348

Manish Guar, LPCC.0019502

Allison Shew, PSYC.00013453, LPCC.0016556

Michela Raciti, LPCC.0019372

Alizea Farquharson, LPCC.0017850

Emily Carlson, LPCC.0018728

Emmalyn Clurman, LPCC.0017904

Unique-Rose Kersey-Watts, LPCC.0018688

Vandana Otto, LPCC.0018544

Amanda Almog, LPCC.0016763

Gabrielle Benoit, LPCC.0018265

Kourtney Osentoski, LPCC.0018288

Patricia Trefl, LPCC.0017129

Richard Camp, LPCC.0017617

2022, Feb - 2023, Mar

**Canadian Counselling and Psychotherapy Association (CPPA);**

CA *(22 professional counsellors)*

Chizorom Odoemele

Agnieszka Tarko-Biedacha

Jasleen Bhatia

Lesley Levac

Karly Sovereign

Oshia MacKay

Kiersten Fehler

Sydney Layden

Shelbey Merrill  
Brooklyn Moe  
Lisa Young  
Shakeel Lochan  
Nichole Anderson  
Olivia Vander Vloet  
Matteo Castelli  
Amy Graham  
Michaela Torry  
Thanh Ly  
Amber Fennell  
Ilham Reda Yaafar  
Heather Haines  
Payal Rudra

2020, Mar - Present

**State Board of Addiction Counselor Examiners;** Colorado, US  
*(3 clinical supervisees)*  
Alizea Farquharson, LPCC.0017850  
Richard Camp, NLC.0109030  
Anthony Bravo, NLC.0108188

2020, Jul - Present

**NBCC, NAADAC, & FAHS, Minority Fellowship Program;**  
*(5 MFP fellows)*  
Katheryn Binns (Co-occurring Disorders Recovery Counseling),  
Metropolitan State University of St. Paul, 2024 Jan - 2024, Sept;  
James Moore (Clinical Mental Health Counseling),  
Metropolitan State University of Denver, 2022 Aug - 2023, Jun  
Elizabeth Haarberg (Clinical Mental Health Counseling - focus in  
Rural Drug and Alcohol Counseling), University of Nebraska at  
Kearney, 2021, Aug - 2022, Apr;  
Angelica Crimmins (Professional Mental Health Counseling -  
specialization in Addictions), Lewis & Clark College,  
2021, Aug - 2022, Apr;  
Melissa Rozmiarek (Integrated Behavioral Health),  
University of Minnesota, 2020, Jul - 2021, Mar;

2018, Feb - 2018, Jul

Great Lakes Internship, Iḷisaḡvik College; Wesley Olson  
(Health Management)

2017, Nov - 2017, Dec  
College; Trans Alaska Pipeline System (Alyeska) Internship, Iḷisaġvik  
Benjamin Cunningham IV (Electrical)

### Research Experience

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2013, Oct - 2013, May **Research Assistant**, Center for Human Development;  
Anchorage, AK, US;  
**Supervisor(s):** Karen Ward, EdD & Phillip Tafs, MSW, BCBA  
*Analyzed data-driven autism interventions*

2012, Jan - 2013, May **Research Assistant**, Clinical and Applied Biofeedback and  
Psychophysiology Lab, Department of Psychology, University of  
Alaska-Anchorage, Anchorage, AK, US;  
**Supervisor:** Bruno M. Kappes, PhD  
*Pedagogical review of eFolio Thinking in an eLearning  
environment; installation, configuration and setup of Biofeedback  
equipment*

## Publications

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**Total Publications:** 152 (Monographs, Books, & Book Chapters: 21; Refereed Periodicals: 65; Non-Refereed Periodicals: 38; Scholarly Reviews: 6; Registered Studies & Protocols: 2; Government & Corporate Reports: 9; Dissertations & Theses: 2; Unpublished Data: 4; Web Development & Software Contributions: 5)

### Monographs & Books

**Lockhart, E. (2024).** *Virtual realities: The gains and strings of adult MMORPG gaming.* Eliva Press.

**Lockhart, E. (2024).** *The emotional impact of digital disconnection: Strategies for reconnection and healing.* Easy Does It Counseling, p.c.

**Emotionally Yours Series: Awake from Emotional Dormancy** (9-Book Guide Series on Emotional Healing and Growth)

**Lockhart, E. (2024).** *Emotionally yours: Overcoming lust, restoring trust.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Calming the angry sea.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Courageously conquering shyness.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Conquering insecurity, ascending confidence.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Overcoming shame, clearing the path.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Seasons of heartache and healing.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Awakening from loneliness.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Struck by fear.* Easy Does It Counseling, p.c.

**Lockhart, E. (2024).** *Emotionally yours: Forgiveness, the vital sunlight.* Easy Does It Counseling, p.c.

**Emotionally Empowered Series** (4-Book with Workbook Series on Emotional Healing and Growth)

**Lockhart, E.** (2024). *Emotions tied to the past: Exploring the spectrum beyond anger and rage*. Easy Does It Counseling, p.c

**Lockhart, E.** (2024). *Emotionally empowered: Identifying mixed emotions*. Denver, CO: Easy Does It Counseling, p.c.

**Lockhart, E.** (2024). *Emotionally empowered workbook 1: Methods to manage anger, anxiety, loneliness*. Easy Does It Counseling, p.c.

**Lockhart, E.** (2024). *Emotionally empowered workbook 2: Methods to manage regret, guilt, grief*. Easy Does It Counseling, p.c.

**Lockhart, E. N. S.** (2016). *Living kindness: Your footsteps towards being a kinder human*. On-Demand Publishing.

### Book Chapters in Edited Volumes

**Lockhart, E.** (2025). Measuring the impact of manualized therapy on transgender acceptance in Baptist families: A mixed-methods pilot study on family cohesion and coping. In *The Asian Conference on Psychology & the Behavioral Sciences 2025: Official Conference Proceedings* (pp. 97–116). IAFOR. <https://doi.org/10.22492/issn.2187-4743.2025.8>

**Lockhart, E. N. S.** (2025). Strategic planning for Gen Z (and beyond) start-ups: Lessons from Haley's strategic family therapy model. In A. Narula (Ed.), *The Startup Generation: Shaping Futures Through Psychology and Business* (pp. 105–117). National Press Associates.

**Lockhart, E. N. S.** (2025). Unshakable: The psychology behind fearless entrepreneurship. In A. Narula (Ed.), *The Startup Generation: Shaping Futures Through Psychology and Business* (pp. 92–104). National Press Associates.

**Lockhart, E. N. S.** (2022). Motivation and cognitive-behavioral factors in problematic online gaming. In T. Hunt & L. M. Tan (Eds.), *Applied Psychology Readings*. SCAP 2021 (pp. 67–115). Springer, Singapore. [https://doi.org/10.1007/978-981-19-5086-5\\_4](https://doi.org/10.1007/978-981-19-5086-5_4)

**Lockhart, E. N. S.** (2021). The examination of motivation and cognitive-behavioral factors in Internet gaming disorder. In V. Ilic, N. Milosevic, & M. Đurić (Eds.), *Latest developments in speech and language pathology, occupational therapy, psychology, and social work – ALOPS21, The new reality: Continuity and changes* (pp. 67–68). Visoka Škola Socijalnog Rada.

### Refereed Periodicals

**Lockhart, E. N. S.** (2026). Cybernetic feedback: An apt realignment of Batterham et al.'s three-body problem of suicide (2025). *Journal of Evaluation in Clinical Practice*, 32(4), e70487. <https://doi.org/10.1111/jep.70487>

- Lockhart, E. N. S.** (2026). Ecology of relational-embodied-emotional systems: A new eco-systems theory of emotion beyond biocultural determinism and the technocratic gaze. *Human Arenas*. Advanced publication.  
<https://doi.org/10.1007/s42087-026-00583-5>
- Lockhart, E. N. S.** (2026). The role of solitude in Nietzsche, Frankl, and May: A comparative exploration of authenticity, meaning, and self-development. *The International Forum for Logotherapy*, 49(1), 2–18.
- Lockhart, E. N. S.** (2026). AI is not creative, and the debate is a distraction. *AI & Society*, 41, 4207–4208. <https://doi.org/10.1007/s00146-026-02942-w>
- Lockhart, E. N. S.** (2026). Case report: Treating marital resentment with radical honesty in strategic family therapy. *Mental Health Open*, 2(1), 1–20.  
<https://doi.org/10.64257/5eazg357>
- Lockhart, E. N. S.** (2026). Constraint, asymmetry, and meaning: A cybernetic reinterpretation of probabilistic emergence across complex systems. *Symmetry*, 18(3), 518.  
<https://doi.org/10.3390/sym18030518>
- Lockhart, E. N. S.** (2026, Jan/Feb). When the chart is watching back: AI, consent, and control in teletherapy documentation. *Family Therapy Magazine*, 26(1).  
<https://ftm.aamft.org/when-the-chart-is-watching-back-ai-consent-and-control-in-teletherapy-documentation/>
- Lockhart, E. N. S.** (2026). Response to “Childhood traumas and dissociation in firefighters: The mediating role of suicidal desire” (Saglam et al., 2025). *The Journal of Behavioral Health Services & Research*, 53, 183–184. <https://doi.org/10.1007/s11414-025-09961-3>
- Lockhart, E. N. S.** (2026). Digital tools for executive dysfunction: Evaluating teletherapy features that improve attendance among adults with attention-deficit/hyperactivity disorder. *Journal of Clinical Informatics*, 025380031. <https://doi.org/10.36922/JCI025380031>
- Lockhart E. N. S.** (2026). Ezra seeing Ezra - psychiatry in theatre. *The British Journal of Psychiatry*, 228(2), 125. <https://doi.org/10.1192/bjp.2025.97>
- Macias, A., & **Lockhart, E. N. S.** (2025). Influence without insight: How algorithmic charisma is replacing experts. *AI & Society*. <https://doi.org/10.1007/s00146-025-02706-y>
- Lockhart, E. N. S.** (2025). Jay Haley’s model of strategic family therapy: An epistemological inquiry. *Philosophy, Psychiatry, & Psychology*, 32(4), 407–434.  
<https://doi.org/10.1353/ppp.0.a971258>

- Lockhart, E. N. S.** (2025). Response to Raab et al. (2025) Linking PES to family therapy with LGBTQIA+ individuals. *International Journal of Transgender Health*, 1–3.  
<https://doi.org/10.1080/26895269.2025.2577838>
- Lockhart, E. N. S.** (2025). Identity in the shadow of faith: The challenge of identity negotiation within religious conservatism. *Context*, 201, 48–51.
- Lockhart, E. N. S.** (2025). Network states as a technocratic shell game: The myth of sovereign choice and algorithmic neutrality. *AI Letters*, 2, article 2956, 1–2.  
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- Lockhart, E. N. S.** (2025). Transhumanism as capitalist continuity: Branded bodies in the age of platform sovereignty. *Humans*, 5(3), 21. <https://doi.org/10.3390/humans5030021>
- Lockhart, E. N. S.** (2025, Jul/Aug). A response to a mixed-method study on core competencies. *Family Therapy Magazine*, 24(4).  
<https://ftm.aamft.org/a-response-to-a-mixed-method-study-on-core-competencies>
- Lockhart, E. N. S.** (2025). Vicarious trauma and the VOTE Index. *The Industrial-Organizational Psychologist*, 63(1), 22–30.  
<https://www.siop.org/tip-article/vicarious-trauma-and-the-vote-index/>
- Lockhart, E.** (2025, August 6). A supervisor’s guide on how to create a culture of support. *Psychotherapy.net*.  
<https://www.psychotherapy.net/blog/title/a-supervisor-s-guide-on-how-to-create-a-culture-of-support>
- Lockhart, E. N. S.** (2025). Measuring the impact of manualized therapy on transgender acceptance in Baptist families: A mixed-methods pilot study on family cohesion and coping. In *The Asian Conference on Psychology & the Behavioral Sciences 2025 Official Conference Proceedings* (pp. 97–116). IAFOR.  
<https://doi.org/10.22492/issn.2187-4743.2025.8>
- Lockhart, E. N. S.** (2025). From search to synthesis: Generative AI, internet use, and the transhuman epistemic shift. *Journal of Excellence in Social Sciences*, 4(1), 24–36.  
<https://doi.org/10.69565/jess.v4i1.418>
- Lockhart, E. N. S.** (2025). Expertise in AI and clinical publishing exposes peer review gaps: A perspective. *Artificial Intelligence in Health*, 025210049.  
<https://doi.org/10.36922/AIH025210049>
- Lockhart, E. N. S.** (2025). Jay Haley’s ethical legacy: Bioethics, family therapy, and the AAMFT code. *History and Philosophy of Medicine*, 7(3), 15.  
<https://doi.org/10.53388/HPM2025015>

- Lockhart, E. N. S.** (2025). Insights into suicidality in rural communities: Lessons from Rawat et al. (2025) and perspectives from Alaska and Colorado. *The Journal of Rural Health*, e70046. <https://doi.org/10.1111/jrh.70046>
- Lockhart, E. N. S.** (2025). Strategic family therapy of Haley in practice: Thematic challenges for managing technology use in the family [Abstract]. *Revista de Familias y Terapias*, 34(57), 14. <https://doi.org/10.29260/DFYT.2025.57B>
- Lockhart, E. N. S.** (2025). La terapia familiar estratégica de Haley en la práctica: Desafíos temáticos para gestionar el uso de la tecnología en la familia [Resumen]. *Revista de Familias y Terapias*, 34(57), 10. <https://doi.org/10.29260/DFYT.2025.57B>
- Lockhart, E. N. S.** (2025). La terapia familiar estratégica de Haley en la práctica: Desafíos temáticos para gestionar el uso de la tecnología en la familia. *Revista de Familias y Terapias*, 34(57), 38–50. <https://doi.org/10.29260/DFYT.2025.57B>
- Lockhart, E. N. S.** (2025). Letter to the Editor to E.G. Howe, “New Ways to Help Patients Worst Off”. *Journal of Clinical Ethics*, 36(2), 205. <https://doi.org/10.1086/734770>
- Lockhart, E. N. S.** (2025). Insights from a Hawaiian systemic psychotherapist on feminist solidarity: A cultural framework for collective care. *Sociology & Social Policy*, 2(1), 28–33. <https://doi.org/10.26855/ssp.2025.06.004>
- Lockhart, E. N. S.** (2025). Strategic planning for Gen Z (and beyond) start-ups: Lessons from Haley’s strategic family therapy model. *International Journal of Interdisciplinary Approaches in Psychology*, Special Issue: *The Startup Generation: Shaping Futures Through Psychology and Business*, 105–117.
- Lockhart, E. N. S.** (2025). Unshakable: The psychology behind fearless entrepreneurship. *International Journal of Interdisciplinary Approaches in Psychology*, Special Issue: *The Startup Generation: Shaping Futures Through Psychology and Business*, 92–104.
- Lockhart, E. N. S.** (2025). “But I’m their parent—Why can’t I know?” Parental expectations and the ethics of confidentiality in family therapy with transgender adolescents. *The Family Journal*, 0(0). <https://doi.org/10.1177/10664807251329592>
- Lockhart, E. N. S.** (2025). The promise of AI: Enhancing care, equity, and physician-patient interaction. *The Annals of Family Medicine*, 23(1), 7, eLetter. <https://www.annfammed.org/content/promise-ai-enhancing-care-equity-and-physician-patient-interaction>
- Lockhart, E. N. S.** (2025). The role of AI in publishing: Preserving humanism and integrity in family medicine research. *The Annals of Family Medicine*, 23(1), 1–4, eLetter.

<https://www.annfam.org/content/the-role-of-ai-in-publishing-preserving-humanism-and-integrity-in-family-medicine-research>

- Lockhart, E. N. S.** (2025). Teletherapy reform: A comprehensive approach to regulatory oversight for consumer protection. *The Advocate Magazine*, 48(1), 19–23.  
<https://viewer.joomag.com/the-advocate-magazine-2025-number-48-issue-1/0923032001742402268/p18>  
→ Research was later submitted as evidence supporting the Wellness and Oversight for Psychological Resources Act (HB1806), contributing to its unanimous passage into law in Illinois on April 23, 2025.
- Lockhart, E. N. S.** (2025). Relevant laws and regulations related to teletherapy. *The Advocate Magazine*, 48(1), Suppl. 1.
- Legal analysis provided context for discussions around the Wellness and Oversight for Psychological Resources Act (HB1806).
  - Cited in legislative proceedings leading to formalized reforms as of April 23, 2025.
- Lockhart, E. N. S.** (2025). References and resources on teletherapy reform. *The Advocate Magazine*, 48(1), Suppl. 2.
- Curated resources informed evidence-based policymaking for the Wellness and Oversight for Psychological Resources Act (HB1806).
  - Utilized in advocacy and legislative discussions shaping the bill that became law on April 23, 2025.
- Lockhart, E. N. S.** (2025). Between becoming and being: A Philosophical treatise with interstitial reflections on experience, gender, and biopolitically controlled life. *International Journal of Interdisciplinary Approaches in Psychology*, 3(3), 1–66.  
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- Lockhart, E. N. S.** (2025). Reflexive examination of IWSC(HAT)P through cybernetics. *Journal of Feminist Family Therapy*, 37(1–2), 62–71.  
<https://doi.org/10.1080/08952833.2025.2472521>
- Lockhart, E. N. S.** (2025). Improving ADHD treatment attendance through teletherapy: A quasi-experimental analysis of technological features. *Journal of Technology in Behavioral Science*. Advance online publication.  
<https://doi.org/10.1007/s41347-025-00490-6>
- Lockhart, E. N. S.** (2025). Tech tug-of-war: Families' battle with screen time. *Context*, 197, 32–33.
- Lockhart, E. N. S.** (2025). Mentorship and clinical supervision through Haley's strategic model: A composite case study in legal literacy. *Journal of Systemic Therapies*, 43(3), 90–95.  
<https://doi.org/10.1521/jsyt.2024.43.3.01>

- Lockhart, E. N. S.** (2025). Quality measures over consensus: Rethinking best practices in psychotherapy. *Psychiatric Services*, 76(2), 216. <https://doi.org/10.1176/appi.ps.20240411>
- Lockhart, E. N. S.** (2025). Balancing bytes and bonds: Case studies in systemic approaches to digital dynamics in diverse family systems. *Australian & New Zealand Journal of Family Therapy*, 46(1), e1606. <https://doi.org/10.1002/anzf.1606>
- Lockhart, E. N. S.** (2025). Privacy and data security in digital health: Implications for family therapy. *Contemporary Family Therapy* 47, 416–418. <https://doi.org/10.1007/s10591-024-09731-x>
- Lockhart, E. N. S.** (2024). Trans-inclusive feminist praxis: Shifting religious and familial gendered violence towards transgender acceptance—A USA case study. *PINS-Psychology in Society*, 66(2), 90–95. <https://doi.org/10.17159/pins2024Vol66iss2a6884>
- Lockhart, E. N. S.** (2024). Exploring the intersection of digital fashion and human identity: A Hegelian dialectic approach to digital technology-mediated embodied cognition. *Journal of Textile Science & Fashion Technology*, 11(2), 1–7. <https://doi.org/10.33552/JTSFT.2024.11.000757>
- Lockhart, E. N. S.** (2024). Creativity in the age of AI: The human condition and the limits of machine generation. *Journal of Cultural Cognitive Science*, 9(1), 83–88. <https://doi.org/10.1007/s41809-024-00158-2>
- Lockhart, E.** (2024, November 20). Successful use of Haley’s strategic model of family therapy. *Psychotherapy.net*. <https://www.psychotherapy.net/blog/title/successful-use-of-haley-s-strategic-model-of-family-therapy>
- Lockhart, E. N. S.** (2024). Why LLMs should not generate ideas for academic manuscripts: The irreplaceable role of lived experience and intersectionality. *The Annals of Family Medicine*, 2958, eLetter. <https://www.annfammed.org/content/early/2023/03/29/afm.2982/tab-e-letters#why-llms-should-not-generate-ideas-for-academic-manuscripts-the-irreplaceable-role-of-lived-experience-and-intersectionality>
- Lockhart, E. N. S.** (2024). What it means to be human: A response to Harzheim. *The Cambridge Quarterly of Healthcare Ethics: The International Journal of Healthcare Ethics Committees*, 292–294. <https://doi.org/10.1017/S0963180124000525>
- Lockhart, E. N. S.** (2024). The absurdity of life: The crossroad of logotherapy and absurdism. *The International Forum for Logotherapy*, 47(2), 29–40.

- Lockhart, E.** (2024, Sep/Oct). Shifting worldviews on excessive technology use with systemic approaches. *Family Therapy Magazine*, 23(5).  
<https://ftm.aamft.org/shifting-worldviews-on-excessive-technology-use-with-systemic-approaches/>
- Lockhart, E. N. S.** (2024). Increasing transgender acceptance in religious families: A pilot study of manualized strategic family therapy. *International Journal of Systemic Therapy* 36(1), 1–34. <https://doi.org/10.1080/2692398X.2024.2408135>
- Lockhart, E.** (2024). How to avoid burnout and find joy in corporatized care settings. *Psychotherapy.net*.  
<https://www.psychotherapy.net/article/how-to-avoid-burnout-in-coporatized-care-settings>
- Lockhart, E. N., & Goodin, J. B.** (2024). When social media recruiting goes wrong: A cautionary tale of sample engagement. *The Qualitative Report*, 29(8), 2144–2155.  
<https://doi.org/10.46743/2160-3715/2024.5082>
- Lockhart, E.** (2024, July/Aug). Helping clients understand the differences: The importance of psychotherapy in an unregulated coaching landscape. *Family Therapy Magazine*, 23(4).  
<https://ftm.aamft.org/helping-clients-understand-the-differences-the-importance-of-psychotherapy-in-an-unregulated-coaching-landscape/>
- Lockhart, E.** (2024, July/Aug). Laugh rather than lecture: A humorous approach to excessive mobile phone and social media use. *Family Therapy Magazine*, 23(4).  
<https://ftm.aamft.org/laugh-rather-than-lecture-a-humorous-approach-to-excessive-mobile-phone-and-social-media-use/>
- Lockhart, E. N. S.** (2024). Silent threats: The unchecked exploitation of client testimonials in online therapy service platforms. *The Family Journal: Counseling and Therapy for Couples and Families*, 33(3), 433–437. <https://doi.org/10.1177/10664807241269466>
- Lockhart, E.** (2024). Effects of social media on child development: Healthy strategies. *Psychotherapy.net*.  
<https://www.psychotherapy.net/article/social-media-child-development-healthy-strategies>
- Lockhart, E.** (2024, July 16). Navigating client loneliness in the digital age with therapy. *Psychotherapy.net*.  
<https://www.psychotherapy.net/blog/title/navigating-client-loneliness-in-the-digital-age-with-therapy>

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- Lockhart, E. N. S.** (2022). Motivation and cognitive-behavioral factors in problematic online gaming. In T. Hunt, T. & L. M. Tan (Eds.), *Applied Psychology Readings. SCAP 2021* (pp 67–115). [https://doi.org/10.1007/978-981-19-5086-5\\_4](https://doi.org/10.1007/978-981-19-5086-5_4)
- Lockhart, E. N. S.** (2021, Sep/Oct). The motivation behind problematic online gaming: Recommendations for couples and families. *Family Therapy Magazine*, 20(5), 28–31.
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### Scholarly Reviews

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## Awards & Honors

<b>Summary:</b>	<i>47 Awards &amp; 8 Nominations</i>	<i>\$47,424</i>
<b>Community</b>		
2015	<b>Epiphany</b> (painting), Michael Tolleson Savant Art Center	\$1,800
2013	<b>President's Volunteer Service Award</b> , President's Council on Service and Civic Participation	

2012	<b>Ezra Lockhart College Fundraiser Campaign</b> , Indiegogo Campaign <i>self-promoted</i>	\$890
<b>Professional</b>		
2024	<b>Registration Grant for 49th Annual Winter Symposium</b> , Problem Gambling Coalition Center of Colorado	\$500
2023	<b>Scholarship for Advance Training</b> , Problem Gambling Coalition Center of Colorado	\$600
2021	<b>Honorarium</b> , Deerfield Institute	\$100
2021	<b>Therapist of the Month</b> , Studio CE	
2020	<b>Licensed Addiction Counselor Training Grant</b> , Rocky Mountain Crisis Partners	\$540
2019	<b>Annual Conference Scholarship</b> , National Association for Alcoholism and Drug Abuse Counselors (NAADAC)	\$550
2016	<b>Annual Conference Scholarship</b> , National Association for Alcoholism and Drug Abuse Counselors (NAADAC)	\$600
2016	<b>Team of the Month</b> , Southcentral Foundation, The Pathway Home	
2016	<b>Featured Certified Autism Specialist</b> , International Board of Credentialing and Continuing Education Standards (IBCCES)	
2014	<b>Employee of the Month: December</b> , Southcentral Foundation, The Pathway Home	
2014, 2013, 2012	<b>Service Recognition Award</b> , Catholic Social Services	
2014, 2013, 2012	<b>Outstanding Direct Service Professional of the Year Award Nominee</b> , Category: People with Developmental Disabilities, Alaska Alliance for Direct Service Career (AADSC)	
2012	<b>Continuing Education Incentive</b> , Catholic Social Services	\$200
<b>Academic</b>		
2021	<b>Dissertation of the Year Nominee</b> , Northcentral University	

2021	<b>Guest of Honor</b> , Driven to Doctorate: Innovation for the Ultimate Scholarly Pursuit	
2020	<b>Student Relief Fund</b> , Northcentral University	\$5,720
2018	<b>Employee Scholarship</b> , Iḷisaġvik College	\$3,200
2018	<b>Travel Grant</b> , American Indian Higher Education Consortium	\$500
2017	<b>Million Dollar Grant</b> , Northcentral University	\$5,000
2017	<b>Alumni Tuition Reduction</b> , Northcentral University	\$8,079
2016	<b>Course Materials Waiver</b> , Northcentral University	\$100
2016, 2015	<b>Academic Achievement Program</b> , Southcentral Foundation	\$5,653
2016	<b>John C Harsanyi Medal</b> (for international student achievement) <b>Nominee</b> , University of Sydney, Alumni Achievement Awards	
2015	<b>Nick Begich Scholar</b> , Nick Begich Scholarship Intern Fund	\$1,000
2013	<b>Seawolf Student Leader Award</b> , University of Alaska-Anchorage, Student Life & Leadership	\$1,500
2013	<b>Liko A`e Native Hawaiian Leadership Program Finalist</b> , University of Hawaii-Maui	
2013	<b>ANAINA Man of Excellence</b> , University of Alaska-Anchorage, Multicultural Center, AHAINA Student Programs	\$2,016
2013	<b>ANAINA Men &amp; Women of Excellence</b> , University of Alaska-Anchorage, Multicultural Center, AHAINA Student Programs	
2013	<b>Distinguished Psychology Student Award</b> , University of Alaska-Anchorage, Department of Psychology	
2013	<b>Scholar of Promise</b> , America's Promise Alliance	

2013	<b>Student Showcase</b> , University of Alaska-Anchorage	
2013	<b>19th Annual Martin Luther King Jr. Student Appreciation Award</b> , University of Alaska-Anchorage, Chancellor's Office & Student Activities	
2013	<b>Alaska Native Community Advancement in Psychology (ANCAP) Tuition Award</b> , University of Alaska-Anchorage, College of Arts and Sciences, Alaska Native Community Advancement in Psychology Program	\$660
2013	<b>School of Social Work Scholars Book Scholarship</b> , University of Alaska-Anchorage, College of Health	\$111
2013	<b>Departmental Academic Tuition Award</b> , University of Alaska-Anchorage, Department of Psychology	\$350
2013	<b>Employee of the Quarter Award Nominee</b> , 1st QTR FY13, University of Alaska-Anchorage, Office of the Vice Chancellor for Administrative Services	
2013, 2012	<b>Federal Pell Grant</b> , U.S. Department of Education	\$5,885
2013, 2012	<b>Departmental Academic Tuition Award</b> , University of Alaska-Anchorage, Department of Human Services	\$1,095
2013, 2012	<b>Chancellor's List</b> , University of Alaska-Anchorage	
2012	<b>Dean's List</b> , University of Alaska-Anchorage	
2012	<b>UAA Financial Aid Tuition Award</b> , University of Alaska-Anchorage, Office of Student Financial Assistance	\$500
2012	<b>Critical Behavioral Health Issues in Alaska Stipend</b> , University of Alaska-Anchorage, Department of Health Programs Development	\$100
2012	<b>Student Showcase of Excellence, Distance Education category, 1st place</b> , University of Alaska, Kodiak College	\$175
2012	<b>Student Diversity Award Nominee</b> , University of Alaska-Anchorage, Diversity Action Council	

**Grants Awarded**

<b>Grants Awarded</b>		
<b>Summary:</b>	<i>8 Awards</i>	<i>\$803,721</i>
2026	<b>Open Educational Resource Grant,</b> National University Role: Principal Investigator	\$3,000
2018	<b>American Indian College Fund &amp; Van Vlack Family Charitable Trust, Supporting Wireless Network Capacity,</b> Iḷisaġvik College Role: Principal Investigator	\$8,300
2018	<b>Universal Service Administrative Company, Category 1 Fund,</b> Tuzzy Consortium Library Role: Design and Implementation Advisor (PI: Christie Burke)	\$110,400
2018	<b>Universal Service Administrative Company, Category 2 Fund,</b> Tuzzy Consortium Library Role: Design and Implementation Advisor (PI: Christie Burke)	\$2,697
2018	<b>Rasmuson Foundation, Technology Infrastructure Improvement Tier 2,</b> Iḷisaġvik College Role: Design and Implementation Advisor (PI: Brian Plessinger)	\$452,000
2018	<b>United States Department of Agriculture, Rural Development, Campus Modernization Project Phase II,</b> Iḷisaġvik College Role: Principal Investigator & Design and Implementation Advisor	\$125,549
2018	<b>North Slope Borough, Computer Lab upgrade,</b> in-kind, Iḷisaġvik College Role: Principal Investigator	\$90,000
2018	<b>North Slope Borough, VoIP Testbed,</b> in-kind, Iḷisaġvik College Role: Principal Investigator	\$3,275
2018	<b>North Slope Borough, Core Network Improvement,</b> in-kind, Iḷisaġvik College	\$11,500

Role: Principal Investigator

**Technological Expertise**

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**Programming Languages**

HTML 2 to 4, DHTML, CSS level 1, JSSS, XML, XSL, ASP, Java, JavaScript, VBScript, CGI, Perl, C, C++, Pascal, Basic

**Related Software**

MS Visio, MS FrontPage 2000, MS Office, Macromedia Dreamweaver, Director, Shockwave, Flash

**Operating Systems**

Windows 3.1x, 9X, NT 4.0, 2000, 2008, 2012, 2016, XP, ME, 7, 8, 10; MS-DOS, Unix, Banyan

**Cisco Routers**

7500, 7200, 7000, AS5800, AS5200, 4500, MC3810, 3600, 3000, 2600, 2500, 1750, 1600, 700, MGS, CGS, IGS Series

**Switches**

Catalyst 5500, 5000, 3600XL, 3600, 2900XL, 2900, 2800 WG, 2100 WG, 1700 WG, 1900 Series

**Wireless**

Aironet 340 Access Points and Workgroup Bridges

**Access Servers**

5800, 5400, 5200 Series

**Network Management**

CiscoWorks 2000 and RME

**Volunteer Experience**

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2021, Nov - Present      **Mentor, Rising Native Graduates, American Indian Graduate Center;** Albuquerque NM, US;  
*Weekly one hour meetings with Indigenous mentees to discuss professional and academic development.*

2020, Jul - Present      **Mentor, Minority Fellowship Program, National Board of Certified Counselors & NAADAC;** Denver, CO, US;  
*Weekly/Monthly one hour meetings with mentees to discuss professional and academic development. Current mentorship focusing on providing counseling to Indigenous, rural, and LGBTQIA2 populations.*

- 2021, Apr - 2021, Jun **FEMA COVID Vaccination Clinic Support**; Denver, CO, US;  
*Vaccine symptom reaction observation and administrative tasks.*
- 2016, Jun - 2021, Jul **CareerVillage**; Palo Alto, CA, US; 5 years;  
*Mentor for college students with specialty in CV & résumé writing and connecting to disability resources*
- 2018, Jul **3rd Annual Our Land, Barrow Community Clean Up Initiative**;  
July 6; Utqiaġvik, AK, US  
*Community cleanup initiative partnership between Lion's Club and the Rotary Club of Barrow-Nuvuk*
- 2017, May - 2018, Nov **Native Village of Barrow, Social Services**; Utqiaġvik, AK, US;  
*Tribal foster parent*
- 2016, Oct - 2018, Jan **State of Alaska, Department of Health and Social Services, Office of Children Services (Utqiaġvik)**; Utqiaġvik, AK, US;  
*Emergency foster placement for short- and long-term children*
- 2016, Aug **Fun Run**; August 6 - 7; Utqiaġvik, AK, US  
*Prepared food for participants*
- 2016, Jul **1st Annual Our Land, Barrow Community Clean Up Initiative**;  
July 26; Utqiaġvik, AK, US  
*Aided and supervised program level involvement in clean up initiative*
- 2016, Jun **Special Olympics Alaska Summer Games**, June 10 - 12;  
Anchorage, AK, US  
*1:1 support and supervision during basketball tournament and social/leisure events*
- 2011, Apr - 2016, Jun **Friends of Pets**; Anchorage, AK, US; 5 years;  
*Walked sheltered dogs of abused women who themselves are in emergency shelters*
- 1996, Aug - 1999, Aug **Alaskan AIDS Assistance Association**; Anchorage, AK, US; 3 years;  
*Hospice care, companionship, and home delivery of food*

## Cultural & Travel Experience

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### Languages

English (Native; Advanced Scholarly & Professional Writing)

Hawaiian (Heritage language; Advanced Academic Reading & Writing)

Spanish (Advanced Academic Reading & Writing)

## Travel

### 6. Republic of Costa Rica

*\*Visited the following provinces: Heredia, San José, and Guanacaste.*

### 5. United Mexican States

*\*Visited Estado Libre y Soberano de Baja California.*

### 4. Commonwealth of Australia

*\*Master's degree study and commencement.*

*\*Invited International Scholar Laureate to attend the 2014 Student Delegation on Medicine & Science in Australia and New Zealand.*

*\*Hiked:*

*Wentworth Falls, Jamison Lookout track*

*Katoomba (Blue Mountains), Eagle Hawk Lookout track*

### 3. Republic of Fiji

*\*Arrived less than a week after Category 5 Cyclone Winston in 2016, the strongest landfalling tropical cyclone on record in the South Pacific archipelago.*

*\*Completed 10,000ft tandem skydive.*

### 2. Canada

#### 1. United States of America

*\*Visited 12 of 50 states, including Hawaii and Alaska.*

#### **Colorado**

*\*2-year resident.*

#### **Illinois**

*\*Attended 1st Annual Special Olympics Unified Cup and 50th Annual Special Olympics*

*\*Kayak Chicago River and Lake Michigan*

#### **Alaska**

*\*26-year resident.*

*\*Extensive travel experience in rural Alaska.*

*\*Lived in the native village of Utqiagvik for more than 7 years, the northernmost town in North America.*

*\*As a team brought Internet access to 5 school districts (over 120 schools) via a Universal Service Fund in 1996-1999.*

*\*Served:*

*The Iñupiat (aboriginal peoples of northern Alaska spanning the Norton Sound, Bering Sea, and Beaufort Sea) in accessing digital technology.*

*The Iñupiat, Yupik (aboriginal peoples of northwestern and southwestern Alaska), Dena'ina, and Ahtna Athabascan (aboriginal peoples of southcentral Alaska) by delivering mental and behavioral health services.*

*\*Hiked:*

*National Petroleum Reserve—Alaska (NPRA), Meade River*

*Gates of the Arctic National Park and Preserve, John River (Anaktuvuk Pass)*

*Chugach National Forest*

*Alyeska Roundhouse (Girdwood)*

*Portage Pass (Whittier)*  
*Portage Glacier (Whittier)*  
*Chugach State Park*  
*Thunderbird Falls (Eklutna)*  
*Flattop Mountains of Glen Alps (Anchorage)*  
*Mt. Baldy (Eagle River)*  
*Municipality of Anchorage*  
*Bicentennial Park, Campbell Creek Tract*  
*Chest Creek Trail, Anchorage Greenbelt Trails*  
*Tony Knowles Coastal Trail*

**Hawaii**

*\*Born, raised, and recognized descendent of the aboriginal inhabitants of the Hawaiian Islands.*  
*\*12-year resident*  
*\*Hiked Diamond Head (Le‘ahi) Summit Trail.*

**Professional Service**

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**Elected & Appointed Positions**

2026 - Present	American Association for Marriage and Family Therapy (AAMFT), <b>Appointed Media Spokesperson – AI in Mental Health</b>
2024 - 2026	Louisiana Association of Marriage and Family Therapy (LAMFT), <b>Ethics Chair</b>
2021 - 2023	Alaska Addictions Professional Association (AAPA), Alaska Chapter of NAADAC; <b>Board Member</b>
2013	UAF-UAA Doctoral Program in Clinical-Community Psychology, University of Alaska-Fairbanks & University of Alaska-Anchorage, <b>Cultural Experience Steering Committee Member</b>
2013 - 2014	National Society of Collegiate Scholars (NSCS), University of Alaska-Anchorage Chapter, <b>Vice President of Community Service</b>
2013	Psi Chi, The International Honor Society in Psychology, University of Alaska-Anchorage Chapter, <b>Secretary</b>

**Committees**

2013 - Present	Society for Information Technology and Teacher Education (SITE); <b>Technology Leadership Committee Member</b> , 2013 - Present; <b>Conference Review Committee</b> , 2013 - Present <b>Graduate Student Network Committee Member</b> , 2013 - 2021
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2021 - Present	Studio CE, <b>Directing Board Member, Social Media</b>
2025	International Symposium on Embodied intelligence and Humanoid Robots 2025; Osaka, Japan; <b>Technology Review Committee Member</b>
2024 - 2025	The 15th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; <b>Review Committee Member</b>
2024	The 10th Global Webinar on Public Health, <b>Conference Co-chair</b>
2020 - 2024	Colorado Consortium for Prescription Drug Abuse Prevention, <b>Recovery Work Group Member, Public Awareness Work Group Member</b>
2023 - 2024	The 14th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; <b>Review Committee Member</b>
2023	The 7th Global Webinar on Public Health, <b>Conference Co-chair</b>
2022 - 2023	The 13th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; <b>Review Committee Member</b>
2022	The 4th Global Webinar on Public Health, <b>Conference Co-chair</b>
2022	The 3rd Global Webinar on Public Health, <b>Organizing Committee Member</b>
2021- 2022	The 12th Asian Conference on Psychology & the Behavioral Sciences; Tokyo, Japan; <b>Senior Peer Reviewer</b>
2021	The 2nd Global Webinar on Public Health, <b>Conference Co-chair</b>
2013 - 2018	Multimedia Educational Resources for Learning and Online Teaching (MERLOT), <b>Contributor</b>
2017 - 2018	Iḷisaḡvik College, Office of the President, <b>President's Cabinet Member</b>
2017 - 2018	Iḷisaḡvik College, Department of Institutional Advancement, <b>Technology Committee Co-Chair</b>
2017 - 2018	Iḷisaḡvik College, Department of Institutional Advancement, <b>Long-Term Facilities Master Planning Committee Member</b>

2017	Iñisaġvik College, Department of Academic Affairs, <b>Accreditation Committee Member</b>
2016	North Slope Borough, Department of Health and Social Services, Children and Youth Services, <b>CARF Accreditation Review Committee Member</b>
2016	North Slope Borough, Department of Health and Social Services, Children and Youth Services, <b>State Licensing Review Committee Member</b>
2015 - 2018	University of Alaska Anchorage, <b>Standing Scholarship Committee Member</b>
<b>Scholarship Panels</b>	
2015 - 2018	UAA General Scholarship, University of Alaska Anchorage, <b>Scholarship Reader</b>
2014 - 2024	APIASF General Scholarship, Asian & Pacific Islander American Scholarship Fund, <b>Scholarship Reader</b>

### Professional & Honor Societies

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#### International

2013 - Present	Psi Chi, The International Honor Society in Psychology, <b>Alumnus</b> , 2013 - Present; <b>Secretary</b> , 2013
2013 - 2018	Multimedia Educational Resources for Learning and Online Teaching (MERLOT), <b>Contributor</b> , 2013 - 2018; <b>Member</b> , 2013 - 2018
2013	Phi Theta Kappa International Honor Society, Beta Tau Delta Chapter, <b>Member</b>
1999 - 2008	The HTML Writers Guild (HWG), <b>Member</b>
1999 - 2008	International Webmasters Association (IWA), <b>Member</b>
1999 - 2008	The Institute of Electrical and Electronics Engineers (IEEE), <b>Student Member</b>

**National**

- 2016 - Present National Association for Alcoholism and Drug Abuse Counselors (NAADAC);  
**Board Member, Alaska chapter; 2021 - 2023**  
**Professional Member, 2016 - Present**
- 2013 - Present Society for Information Technology and Teacher Education (SITE);  
**Technology Leadership Committee Member, 2013 - Present;**  
**Graduate Student Network Committee Member, 2013 - 2021;**  
**Student Member, 2013 - 2021**
- 2012 - 2024 National Society of Collegiate Scholars (NSCS);  
**Vice President of Community Service, 2013 - 2014;**  
**Member, 2012 - 2024**
- 2012 - Present American Psychological Association (APA),  
**Professional Member, 2021 - Present**  
**Student Affiliate, 2012 - 2021**
- 2012 - Present Physicians Committee for Responsible Medicine (PCRM),  
**Health Care Professional Member**
- 2012 - Present National Autism Association (NAA), **Member**
- 2012 - 2021 Gamma Beta Phi Society, National Community Service and Academic Honor Society, **(1st Official) Member-At-Large**
- 2013 - 2021 Association for Advancement of Computing in Education (AACE),  
**Student Member**
- 2013 - 2021 Intellectual and Developmental Disabilities Division of the American Psychological Association (Division 33),  
**Student Member**

**Local**

- 2018 - Present Colorado Association of Addiction Professionals (CAAP),  
**Professional Member**
- 2018 - Present Society of Addiction Counselors of Colorado (SACC),  
**Professional Member**
- 2012 - Present Mākaha Hawaiian Civic Club, **Member of Hawaiian Ancestry**
- 2012 - 2013 Alaska Native Community Advancement in Psychology (ANCAP),

## Member

### Professional Development

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**Summary:** *5,312 contact hours*

#### Leadership

2021, June	Billing Training: Professional Claims; Aurora, CO, US
2018, July	1st Annual American Indian Higher Education Consortium Tribal Colleges and Universities IT Directors Meeting; Chicago, IL, US
2017, Sept	3rd Annual Alliance Executive Leadership Summit; Denver, CO, US
2016, July	Change Management; North Slope Borough, Training & Development Division; Utqiaġvik, AK, US
2016, July	<i>Arctic Slope Regional Corporation (ASRC) Cultural Orientation;</i> Utqiaġvik, AK, US Alaska Statehood and the Impact of Alaska Native Claims Settlement Act (ANCSA) A Global Enterprise History of the Iñupiat People of the North Slope Iñupiat Whaling & Subsistence Iñupiat Values & Values Applied in the Business Environment
2016, July	A Journey of Rediscovery: Iñupiat-Maori Exchange 2005; North Slope Borough, Integrated Behavioral Services; Utqiaġvik, AK, US
2016, July	The Eskimo & the Whale; North Slope Borough, Integrated Behavioral Services; Utqiaġvik, AK, US
2016, July	History of Iñupiat: Nipaa Ilitqusipta, The Voice of Our Spirit; North Slope Borough School District, Alaska Native Education Program; Utqiaġvik, AK, US
2016, July	Project Chariot; North Slope Borough, Health Department; Utqiaġvik, AK, US
2016, July Utqiaġvik,	Amigñikun, on Sewing Skin Boats; North Slope Borough; AK, US
2016, July	History of the Iñupiat (1961) Duck-in; North Slope Borough, Health Department; Utqiaġvik, AK, US
2015, May	NUKA System of Care Core Concepts; Nuka Institute, Southcentral Foundation; Anchorage, AK, US
2015, Jan	Civil Rights and Discrimination Complaint; State of Alaska, Department of Health & Social Services; Anchorage, AK, US
2014, Dec	A World of Difference: Exploring Intercultural Communication
2014, Oct	Networked Scholars; Royal Roads University; Vancouver, British Columbia, CA
2014, July	Aboriginal Kinship; University of Sydney, National Centre for Cultural Competence; Sydney, New South Wales, AU

- 2013, Mar Best Practices in Online Science Education Symposium; University of Anchorage-Alaska; Anchorage, AK, US
- 2013, Jan Content Management System (CMS) Training; Center for Human Development; Anchorage, AK, US
- 2012, Nov ePortfolio Seminar; University of Alaska-Anchorage; Anchorage, AK, US

### **Chemical Dependency Counseling**

- 2022, Oct Effective Coping to Lessen Drug use
- 2022, Oct Teen & College Binge Drinking
- 2022, Oct Issues with Adolescent Compulsion: Screen Time
- 2021, Nov HIPAA Training; Accountable HQ, Inc.
- 2021, Sept *Cape Cod Addictive Disorders Symposium 2021; Hyannis, MA*
- Can You See Us? Providing Culturally Competent Treatment for Persons of Color
- Improving Treatment Outcome for Formerly Incarcerated Clients in SUD Treatment
- Buprenorphine maintenance: Is There an End-point or is it Life-long?
- Invisible Loyalties: Uncovering the Transgenerational Impact of Addiction
- Improving Successful Outcomes Through Implementing Measurement-Based Care
- Program-level Barriers to Addiction Treatment Initiation & Engagement: Cutting the Red Tape & Rolling out the Red Carpet
- Technology Enablement in Behavioral Health and Recovery
- Stages of Change for Co-Occurring Mental Health and Substance Use Conditions
- Stories of our Ancestors: Understanding the impact of culture, race and trauma on Addictions
- Group cognitive-behavioral therapy (CBT) for diverse addictive behaviors
- Current Drugs of Abuse: Recovery Strategies and Innovative Treatment
- Family-Focused Addiction Support Training: Working with Families Impacted by Substance Use Disorder
- Practicing Alcohol Moderation: A Harm Reduction Alternative to the Abstinence-Only Model
- Families, Trauma, & Addiction: Insights from Medical Family Therapy and Treatment of Chronic Disease
- Multiple Pathways To Recovery
- 2021, Apr Social Media Addiction; Studio CE
- 2021, Feb *Engaging in the Black Community: NAADAC Summit 2021;*

	<i>Alexandria, VA</i>
	A Rainbow Pipeline: The Earnest Impact on Addiction on Black LGBTQA+ Identifying Individuals
	Advocacy and Policy Reform for the Black Community
	Critical Issues in the Black Community
	Integrating Music into SUD Treatment for Resilience of the African American Client
	The Journey of the Black Helping Professional
	Untold Truths: Equity Solutions for the Black Community
2021, Feb	Developmental Model of Recovery
2021, Feb	Professional Practice; Colorado School for Family Therapy; Aurora, CO, US
2021, Feb	<i>Fifth Annual Alaska Training Institute; Anchorage, AK, US</i>
	Trauma-Sensitive Relapse Prevention, part 2
	Trauma-Sensitive Relapse Prevention, part 3
	Clinical Supervision and Special Needs, part 1
	Clinical Supervision and Special Needs, part 2
	Clinical Supervision and Special Needs, part 3
	Building a Community of Support to Reduce Suicide
	Business Practices in a COVID-19 Environment
	Confidentiality Rule Changes and 42 CFR
	Developing a Telemental Health Business
	Trauma Informed Care Systems
	Pandemic, Economic Uncertainty, Compounding Natural Disasters, Political Turmoil Addressing the Rapidly Rising Behavioral Health Needs of Caregivers and Communities
2021, Jan	MFT Exam Preparation Class; Colorado School for Family Therapy; Aurora, CO, US
2020, Dec	NAADAC Exam Prep; Aurora, CO, US
2020, Nov	<i>Fifth Annual Alaska Training Institute; Anchorage, AK, US</i>
	Welcome & Opening
	Keynote: State of Alaska
	Understanding the Elements of a Quality Assessment
	Understanding the Elements of a Quality Treatment Plan
	Understanding the Golden Thread from Assessment to Progress Notes
	Trauma-Sensitive Relapse Prevention, part 1
	Cultural Humility in Practice: Promoting an Inclusive Environment to Those We Serve
	Planning and Development of an Effective Tele-health Program in a MAT Setting
	Integrating ASAM Criteria into Practice
	Building Ethic into Practice
2020, Nov	Authentic Self-Care for Addiction Professionals

2020, Nov	Naloxone Training; takeACTION
2020, June	Clinical Supervision II; Denver CARES; Denver, CO, US
2020, May	Advanced Motivational Interviewing; Denver CARES; Denver, CO, US
2020, May	Clinical Supervision I; Denver CARES; Denver, CO, US
2020, Mar	Supervision Models and Competencies
2020, Mar	Clinical Supervision and Professional Development of the Counselor
2020, Mar	Clinical Supervision
2020, Mar	Ethics and Boundary Issues
2020, Mar	Confidentiality, Ethics, and HITECH Overview
2018, Dec	Documentation
2018, Dec	Pharmacology II; Denver CARES; Denver, CO, US
2018, Dec	Basic Pharmacology
2018, Dec	Cultural Humility: Clients in Five Current Generations
2018, Dec	Developing Cultural Humility: Seeing Ourselves in Others
2018, Dec	Providing Culturally Competent and Lesbian, Gay, Bisexual, and Transgender Affirmative Care
2018, Dec	Counseling Adolescent and Minority Clients with Substance Use Disorders
2018, Dec	Counseling African-Americans with Substance Use Disorders
2018, Dec	U.S. Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers
2018, Dec	Cultural Humility and Counseling Hispanic and Latino Populations
2017, Oct	Internet Addiction Disorder
2017, Oct	Ethics for Addictions Professionals
2017, Oct	Confidentiality
2016, Dec	Best Practices for an Online World
2016, Dec	Smarter Phones, Smarter Practice
2016, Oct	NAADAC Annual Conference, Minneapolis, MN, US
2016, June	Trauma Informed Care in Peer Support
2016, June	Cultural Competence in Mental Health and Addiction Recovery
2016, April	<i>National School Lunch Program; Alaska Department of Education &amp; Early Development; Anchorage, AK, US</i>
	Child Nutrition: Offer vs Serve
	Child Nutrition: Meal Pattern Requirements
	Child Nutrition: Production Records
	Child Nutrition: Point of Service & Counting and Claiming
2016, Mar	Introduction to Peer Support
2016, Mar	Screening for Opioid Abuse
2016, Mar	Solution Focused Brief Therapy Master Course
2016, Jan	Gambling 101: An Introduction to Problem and Pathological Gambling; University of Cincinnati, College of Education, Center

	for Prevention Studies & Ohio Department of Mental Health & Addiction Services
2015, Dec	Increasing Our Knowledge Base for Competent Transgender Care and Treatment; University of Cincinnati, College of Education, Center for Prevention Studies & Ohio Department of Mental Health & Addiction Services
2015, Feb-Nov	<i>Regional Alcohol &amp; Drug Abuse Counselor Training; Behavioral Health Training Institute; Anchorage, AK, US</i>
2015, Nov	Motivational Interviewing
2015, May	Infectious Disease and HIV/AIDS
2015, April	NAADAC Confidentiality
2015, April	NAADAC Ethics 1
2015, Feb	Introduction to Addictive Behavior

### **Behavioral & Mental Health**

2022, Dec	Fundamentals and Ethics in Marriage and Family Therapy Supervision; AAMFT, Aurora, CO, US
2022, Oct	Addressing Ethical & Moral Dilemmas in Counseling
2022, Oct	Suicidality: Assessment & Treatment
2022, Oct	Teaching Clients with ADHD Mnemonics for Memory
2022, Oct	Trauma-informed Treatment for Domestic Violence Cases & Crisis Interventions: A Collaborative Model for Supervisors & Supervisees
2022, Oct	Telehealth Best Practices
2022, Oct	COVID Related Challenges in Mental Health Treatment
2021, Sept	<i>Bridging the Gap Symposium; Washington, DC, US</i>
2021, July	<i>2021 Suicide Prevention Summit; Los Angeles, CA, US</i>
	A Strengths-based Approach to Suicide Assessment and Treatment
	Addressing Youth Depression and Suicidal Ideation in a Post-Pandemic World
	Contemporary Clinical Suicide Prevention
	Creating a Suicide-safe Culture with Zero Suicide
	Innovation in Men's Mental Health: Using Humor, Media and Digital Engagement to Promote Mental Health and Prevent Suicide for High Risk Men
	Managing Hopelessness, Helplessness and Despair with our Younger Clients
	Perception is Everything: Stigma, Mental Health, & Suicide in Historically Marginalized Communities
	Planning for Safety and Post-traumatic Growth
	Psychosocial Interventions for Suicidal Youth and Their Families
	Rethinking Suicide: Implications for Military Personnel and Veterans

2021, July	LPC Clinical Supervision; Colorado School for Family Therapy; Aurora, CO, US
2021, Mar	Sexual and Domestic Violence in Compliance with Chapter 260; Department of Public Health, Commonwealth of Massachusetts; Boston, MA, US
2020, Sept	The Columbia-Suicide Severity Rating Scale
2018, Dec	Trauma Informed Care with Diverse Populations
2018, Dec	Ethics in an Online World
2018, Dec	Cultural Humility: Clients in Five Current Generations
2018, Dec	Developing Cultural Humility: Seeing Ourselves in Others
2018, Dec	Providing Culturally Competent and Lesbian, Gay, Bisexual, and Transgender Affirmative Care
2018, Dec	U.S. Latino Youth Street Gangs: Prevention and Intervention Strategies for Service Providers
2018, Dec	Cultural Humility and Counseling Hispanic and Latino Populations
2018, Dec	HIV and Bloodborne Pathogens Session I: Introduction and Definitions Session II: Human Immunodeficiency Virus Session III: Other Bloodborne Pathogens and Implications for Treatment
2017, Oct	Internet Addiction Disorder
2017, Oct	Ethics for Addictions Professionals
2017, Oct	Confidentiality
2016, June	Cultural Competence in Mental Health and Addiction Recovery
2016, June	<i>Trauma-focused Cognitive Behavioral Therapy with Childhood Traumatic Grief; Medical University of South Carolina, National Crime Victims Research &amp; Treatment Center</i> Adapting Cognitive Behavioral Therapy to Childhood Traumatic Grief Grief Psychoeducation Grieving and Ambivalent Feelings Preserving Positive Memories Redefining the Relationship Treatment Review
2016, June	<i>Trauma-focused Cognitive Behavioral Therapy; Medical University of South Carolina, National Crime Victims Research &amp; Treatment Center</i> Psychoeducation Stress Management Affect Expression and Modulation Cognitive Coping Creating the Trauma Narrative Cognitive Processing Behavior Management Training

	Parent-Child Sessions
2015, July	Self-Injury Behaviour in Youth: Developing an Understanding; Crisis & Trauma Resource Institute Inc.
2014, July	Treating Patients with C.A.R.E.; Institute for Healthcare Communication, Southcentral Foundation Development Center; Anchorage, AK, US
2014, April	AIRS: Serving People with Mental Health Issues
2013, Oct	<i>AK Child &amp; Family Provider Training</i> ; Anchorage, AK, US Ethics, Boundaries & Self-Care Suicide Prevention Skill Teaching The Change Cycle Understanding Child Development Trauma-Informed Care and Services Exploring Culture
2013, June	Psychopathology of Children & Adolescents; University of Alaska-Anchorage; Anchorage, AK, US
2013, Jan	PACER's National Bullying Prevention Center: Bullying and Harassment of Students with Disabilities; Catholic Social Services; Anchorage, AK, US
2013, Jan	Personality; University of Alaska-Anchorage; Anchorage, AK, US
2012, Sept	Statistics for Psychology; University of Alaska-Anchorage; Anchorage, AK, US
2012, Sept	Statistics for Psychology Lab; University of Alaska-Anchorage; Anchorage, AK, US
2012, June	Abnormal Psychology; University of Alaska-Anchorage; Anchorage, AK, US
2012, June	Asperger's Syndrome; University of Alaska-Anchorage; Anchorage, AK, US
2012, June	Critical Behavioral Health Issues in Alaska; University of Alaska- Anchorage; Anchorage, AK, US
2012, Jan	Child Development; University of Alaska-Anchorage; Anchorage, AK, US

### **Autism Spectrum Disorders & Developmental Disability**

2021, Sept	Dissemination of Behavior Analysis in a Small European Country
2021, Sept	The Importance of Pairing in ABA Programs
2021, Sept	Cultural Humility - Equity & Diversity in ABA
2021, Sept	Developing Individualized Manding Protocols
2021, Sept	Ethical and Practical Considerations in Planning for Transitioning to Adulthood for Individuals Diagnosed with ASD
2021, Sept	Ethical Issues in Standardizing Professional Decision-making
2021, Sept	Play with Purpose: Teaching Young Children to and Through Play
2021, Sept	Teaching Social Skills to Adolescents and Young Adults

- 2021, Sept The Role of Kindness in Applied Behavior Analysis
- 2021, Sept Using Technology to Enhance Effective and Efficient Supervision for BACB Supervisees
- 2021, Sept Culturally Responsive Positive Behavior Support with Families of Diverse Linguistic and Cultural Backgrounds
- 2019, Sept *International Symposium on Cognitive Research and Disorders (ISCRD); IBCCES University; Houston, TX, US*
- Autism the Essential Toolkit for Parenting And Child On The Autism Spectrum
  - How Best to Prevent Special Education Litigation
  - Inclusive Education for Preschool Learners with Autism: A Program Evaluation
  - Insights from Living with Autism: Matching Intervention to Needs for Promote Lifelong Success
  - Social Skills and Student Interaction
  - Solving the Assessment Mystery of Autism
  - The 3 A's of Autism
  - The Cerebral Orchestra of Emotions: The Three Main Sub-Cortical Regions of Anxiety
  - Universal Design for Learning (UDL)
  - What Happens to Children With Disabilities When They Become Adults
- 2016, June Autism Spectrum Disorder (ASD): Early Detection, Resilience and Growing into Adulthood; University of Calgary; Alberta, CA
- 2016, Mar Bloodborne Pathogens
- 2015, Nov *Autism Research Institute*
- Sleep Issues in ASD
  - Technology Updates: Gadgets for ASD
  - Think Twice - Appropriate Medical Support for ASD
  - Autism or Autisms?
  - Assessing and Treating Challenging Behaviors - Part 2
- 2015, Jun-Jul *Summer Institute for Autism Research Series; International Society for Autism Research (INSAR) & Simons Foundation Autism Research Initiative*
- Session I: Brain Function & Structure
  - Session II: Early Intervention/Pivotal Response Treatment
  - Session III: Diagnosis & Identification
  - Session IV: Autism Genetics
  - Session V: Pharmacological Treatments
  - Session VI: Animal Models
- 2015, Feb Positive Reinforcement: It's That Important; The Johnson Center for Child Health and Development
- 2015, Feb Facilitating Community "Think Tanks" for Teams on the Spectrum; Autism Research Institute

2014, Dec	<i>Autism Case Training, National Center on Birth Defects and Developmental Disabilities; Centers for Disease Control and Prevention</i> Part 1: Identifying Part 2: Diagnosing Part 3: Managing
2014, Dec	<i>Autism Spectrum Disorders: Research and Medical Treatment Implications Series; Cleveland Clinic &amp; Autism Research Institute</i> Medical Comorbidities in Autism Spectrum Disorders Neurological Comorbidities in Autism Spectrum Disorders Gastrointestinal Comorbidities in Autism Spectrum Disorders
2014, Dec	Interpreter Training
2014, April	The Autistic Learning Disabilities Approach
2014, April	Psychological Assessment of ASD
2014, Jan	Assisting People with IDD in Choice Making
2013, July	Person Centered Planning for Individuals with DD
2013, July	Behavior Development for People with DD
2012, Dec	Evidence-Based Interventions in Augmentative and Alternative Communication (AAC) for ASD
2012, Dec	Training Caregivers to Implement Effective, Efficient, and Acceptable ABA Interventions with Children and Adults with Autism
2012, Dec	Making Evidence Meaningful
2012, Dec	Autism Research Update
2012, June	Treatment of Behavioral Health Problems for Individuals with ASD
2012, June	Nutrition & Exercise for Individuals with DD
2012, June	Interpreter Training
2012, Mar	Bloodborne Pathogens
2012, Jan	Autism Workshop; HOPE Community Services; Anchorage, AK, US
2011, Aug	<i>Autism Through the Lifespan Conference; Anchorage, AK, US</i> Keynote Presentation Is there an App for that? Dealing with Challenging Behavior Preparing to Enter Adulthood
2011, April	Autism Spectrum Disorders
2011, April	Autism Spectrum Disorders: Separating the Data from the Myths
2011, April	Ways to Support Individuals with Autism
2011, Mar	Confidentiality and HIPAA
2011, Mar	Abuse
2011, Mar	Therapeutic Boundaries
2011, Mar	Sexual Harassment & Workplace Harassment
2011, Mar	Bloodborne Pathogens

## Research

2020, Aug	CITI Basic Course in the Protection of Human Research Subjects; Northcentral University; La Jolla, CA, US
2018, July	Northern Tier Network Consortium's Annual Conference; Chicago, IL, US
2018, Mar	CITI Basic Course in the Protection of Human Research Subjects; Northcentral University; San Diego, CA, US
2015, Oct	CITI Refresher Course in the Protection of Human Research Subjects; University of Alaska-Anchorage; Anchorage, AK, US
2013, Jan	Research Methods in Psychology; University of Alaska-Anchorage; Anchorage, AK, US
2013, Jan	Research Methods in Psychology Lab; University of Alaska-Anchorage; Anchorage, AK, US
2012, Nov	CITI Conflicts of Interest; University of Alaska-Anchorage; Anchorage, AK, US
2012, Nov	CITI Basic Course in the Protection of Human Research Subjects; University of Alaska-Anchorage; Anchorage, AK, US

## References

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